THE SANDY POINT BENEVOLENT SOCIETY INC

PRESENTS...

DR. STEWART ORLYN WILLIAMS'

14TH AWARDS GALA

SATURDAY SEPT 5TH

Under the Esteemed Patronage of Dr. Irvin Sweeney and Mrs. Vernice Debbie Williams, Widow of Dr. Stewart O. Williams.



www.spbsinc.org

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Editor's Note

This edition of the Sandy Point Benevolent Society Magazine is deeply personal and carries a significance that words cannot fully express. Producing it without our beloved President, Dr. Stewart O. Williams, has been one of the most difficult tasks we have faced. His presence, leadership, encouragement, and unmistakable voice were woven into so much of what we do. As we mourn his passing, we also celebrate the remarkable legacy he leaves behind and the countless lives he touched through his service.







Dr. Williams often reminded us to "GO! GO! Get things done!" Those words have taken on an even deeper meaning as we continue the work he cared so passionately about. In the pages that follow, we celebrate exceptional students, distinguished honorees, and community leaders whose achievements and service embody the true spirit of SPBS—service, education, opportunity, and giving back. Their stories reflect the values Dr. Williams lived by and inspire us to continue his legacy. We are especially proud to showcase students whose dreams are being made possible through the generosity of our donors. Every scholarship is more than financial support; it is an investment in a young person's future, a community's growth, and the promise of what is possible when we come together to give.

So, in his memory and in his spirit: GO! GO! Get things done. Let us carry his legacy forward, together.

Terniqua "Yanique" Osborne
Editor-in-Chief

more information: www.spbsinc.org

WE GIVE BACK SO OTHERS CAN MOVE FORWARD

About Us

We believe in the power of education to transform lives. Our scholarships aim to support bright minds who are committed to making a positive impact through learning. All proceeds will be used to support Educational Institutions & Positive Youth Activities throughout St. Kitts and the diaspora.









OUR IMPACT:

- SCHOLARSHIP AWARDS
- HIGHLIGHT REMARKABLE INDIVIDUALS IN THE COMMUNITY
- FUNDRAISING EVENTS
- COMMUNITY OUTREACH
- EDUCATION DEVELOPMENT
- AND MUCH MORE!!!

DONATE

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All proceeds will be used to support Educational Institutions & Positive Youth Activities throughout St. Kitts and the diaspora.











VOL 14

A LOOK INSIDE

MENTORSHIP PROGRAM

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"We give back so others can move forward"

FIND OUT MORE

At SPBS, we believe in the power of community and the importance of giving back. Our events are designed not only to bring people together but also to raise funds that support individuals and families in need, educational institutions, and positive youth activities throughout St. Kitts and Nevis and the diaspora. Every ticket, donation, and contribution helps us create opportunities, uplift communities, and invest in a brighter future.

SPBS ANNUAL BREAKFAST BASH

SATURDAY MARCH 27TH, 2027

SPBS BOAT RIDE

SUMMER 2027

STEWART O. WILLIAMS' ANNUAL AWARDS GALA

SATURDAY, SEPTEMBER 4TH 2027

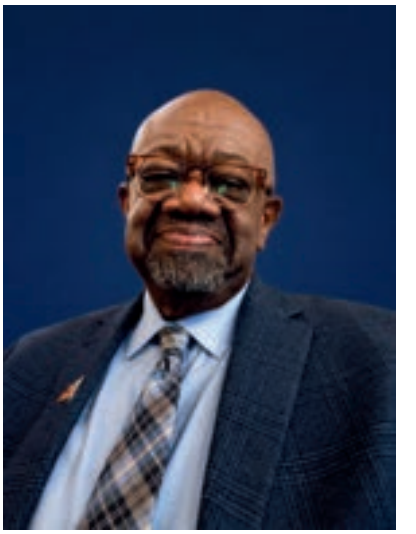


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GREETINGS FROM THE VICE PRESIDENT



Dear Patrons, Sponsors, Awardees, Members, Friends, and Supporters of the Sandy Point Benevolent Society,

On behalf of the Executive Committee of the Sandy Point Benevolent Society (SPBS), it is my distinct honor and privilege to welcome you to our 2026 Annual Awards Gala.

This year's theme, "Rooted in Service, Grounded in Giving Back," beautifully reflects the values that have guided our Society for decades. It reminds us that our strength lies in a deep commitment to serving others and that our greatest legacy is found in giving back to the community that has shaped us.
This evening is a celebration of achievement, service, and the enduring spirit of community. It is also an opportunity to express our sincere appreciation to our members, sponsors, donors, volunteers, and friends whose unwavering support enables us to fulfill our mission of strengthening our hometown of Sandy Point through educational opportunities, youth development, and meaningful community initiatives.

This year's Gala holds special significance as it is our first since the passing of our beloved President, Dr. Stewart Orlyn Williams, and the first at which he is not here to personally welcome you. During more than fifteen years of dedicated service as President, across two terms of leadership, Dr. Williams guided this Society with vision, compassion, and an unwavering commitment to educational advancement and community development.

Mervyn M. Richardson, PharmD
Vice President
SPBS

Having had the privilege of serving as his Vice President for the past ten years, I witnessed firsthand his passion for service and his steadfast belief that investing in our young people is the greatest investment we can make in our community's future. While we deeply miss his leadership, we remain committed to carrying forward the legacy he so faithfully built.

We also extend our heartfelt gratitude to his widow, Mrs. Vernice "Debbie" Williams, who continues to honor his vision by encouraging his family, friends, and associates to make annual contributions to the Dr. Stewart O. Williams Legacy Fund, which will support scholarships and other educational and community initiatives for years to come.

Guided by our motto, "Empowerment through Education – We Give Back So Others Can Move Forward," and inspired by this year's theme, the Society continues to expand its impact. This year, we proudly introduced five new scholarships and awards, further strengthening our commitment to recognizing academic excellence, leadership, and community service. We also continue to support youth development initiatives, foster meaningful partnerships, and create opportunities that positively influence the lives of our young people.

As we look toward the future, we remain inspired by new opportunities to serve. We are pleased to support the 60th Anniversary celebrations of the Charles E. Mills Secondary School, including plans for a community Health Fair and the establishment of a school Drumming Corps. We also look forward to expanding our membership, strengthening our organizational capacity, and launching new initiatives that will further our mission. Among these is the proposed Dr. Stewart O. Williams Legacy Fund, together with an annual award recognizing the top CSEC Chemistry student at the Charles E. Mills Secondary School - lasting tributes to a man whose life truly embodied what it means to be rooted in service and grounded in giving back.
Tonight, as we honor our five distinguished award recipients, recognize several outstanding individuals for their dedicated service, and celebrate the generosity of our supporters, let us renew our shared commitment to the ideals that have guided this Society for decades: service, education, unity, and community empowerment. May this evening inspire each of us to remain rooted in service and grounded in giving back, ensuring that the next generation benefits from our collective investment in their future.

In closing, thank you for joining us and for believing in the work of the Sandy Point Benevolent Society. Together, we will continue to build upon a proud legacy of service, ensuring that future generations have every opportunity to succeed. We also ask that you continue to keep the family of the late Dr. Stewart Orlyn Williams in your prayers.

May you enjoy an inspiring and memorable evening, and may God continue to bless you, the Sandy Point Benevolent Society, the community of Sandy Point, and the Federation of Saint Kitts and Nevis.

CHARLES E. MILLS SECONDARY SCHOOL

Commitment to Educating, Moulding and Stimulating Students

With Heartfelt

APPRECIATION

AND CONDOLENCES

On behalf of the students, staff, and administration of the **Charles E. Mills Secondary School**, I extend our sincerest thanks to the **Sandy Point Benevolent Society – SPBS** for your continued support and generous contributions to our school.

For years, **SPBS** has stood with CEMSS in upholding our legacy. Your commitment to the upgrading of facilities, support of student programs, and investment in the development of our young people reflects the very spirit of service and community that Sandy Point is known for. We are truly grateful for your partnership.

At this time, we also pause to express our deepest condolences to the SPBS family on the passing of your past President, **Dr. Stewart Williams**. Dr. Williams was a pillar of leadership, dedication, and pride for Sandy Point. His contributions to SPBS and to the wider community will not be forgotten.

May his soul rest in peace, and may God comfort all who mourn him.

We look forward to continuing this meaningful relationship as we build the next chapter for **CEMSS** together.

With appreciation

Charles E. Mills Secondary School

2026

GREETINGS FROM ST. KITTS & NEVIS PERMANENT MISSION

Honouring a Legacy of Service, Scholarship and Community



It is with great pleasure and profound respect that I extend warm congratulations to the Sandy Point Benevolent Society (SPBS) on its remarkable record of service to Sandy Point, St. Kitts and Nevis, and the wider diaspora. For more than two decades, the SPBS has demonstrated the enduring power of community, philanthropy, and collective responsibility. Through scholarships, educational resources, support for schools, and assistance to families and institutions in times of need, you have consistently transformed generosity into opportunity and goodwill into meaningful action.

This occasion is especially poignant as we remember the late Dr. Stewart Williams, whose contributions to the SPBS and to the broader cause of community advancement merit our deepest appreciation. His life reminds us that the most consequential legacy is not what we accumulate, but what we contribute to the lives of others. His commitment to education and service stands as an example of the difference one individual can make when guided by purpose, conviction, and a profound belief in community.

I encourage the Sandy Point Benevolent Society to keep Dr. Williams's legacy alive—not simply by remembering his contributions, but by continuing the work to which he gave his energy and commitment. Every scholarship awarded, every student encouraged, and every educational opportunity created is a living expression of that legacy.

Education remains among the most powerful instruments of social and economic transformation. By investing in the education of our young people, the SPBS is not merely helping individuals to advance; it is strengthening families, expanding the capacity of communities, and helping to secure the future of St. Kitts and Nevis and our people throughout the diaspora. To this year's honorees, I offer my heartfelt congratulations. Your accomplishments are worthy of celebration, and your recognition reminds us of the importance of excellence, perseverance, and service to others.

May the Sandy Point Benevolent Society continue to be a beacon of community activism, educational empowerment, and purposeful giving. And may the legacy of Dr. Stewart Williams endure in the lives transformed by the SPBS's generosity and in the generations inspired to give back. Congratulations on your extraordinary record of service. May you continue to honor the past, empower the present, and invest courageously in the future—so that, in keeping with your enduring motto, you may continue to "give back so others can move forward."
With highest regards and warmest congratulations,

H.E. Dr. Mutryce A. Williams

GREEN VALLEY GLOBAL

Celebrates

20th ANNIVERSARY

FEBRUARY 2027

ONE PEOPLE
We're stronger together.

ONE COMMUNITY
Building connections.

ONE HISTORY
Honoring our legacy.

JOIN US FOR OUR
20TH ANNIVERSARY EVENTS

WALKATHON
Walking Together for a Better Tomorrow

BRUNCH
Community. Connection. Celebration.

CHURCH CELEBRATION
Giving Thanks. Growing in Faith.

PICNIC
Fellowship. Fun. Family.

APPRECIATION GALA
Honoring Our Legacy. Inspiring Our Future.

One People. One Community. One History.

TOGETHER, WE CONTINUE TO GROW AND MAKE A LASTING IMPACT.

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42 ST. KITTS AND NEVIS
ANNIVERSARY OF INDEPENDENCE



Congratulations

TO

THE WELL-DESERVED RECIPIENT OF

The Companion of the Star of Merit

AWARDED FOR LONG AND MERITORIOUS SERVICE TO THE NATION

WILLIAM V. A. HODGE

EDUCATION AND ACADEMIA

Your dedication to education, your commitment to excellence, and your unwavering service continue to inspire and uplift our nation. This honor is a testament to your outstanding contributions and lasting impact.

Well done! We are proud of you!

With admiration and pride,

FROM YOUR FAMILY, FRIENDS AND WELL-WISHERS

NATIONAL INDEPENDENCE AWARD | SEPTEMBER 2025

MEET OUR PATRON

Dr. Irvin Sweeney has served the Federation of St. Kitts and Nevis as an educator, youth and community worker, National Youth Skills Director, Special Assistant to the Minister of Education and Youth Affairs, and as a diplomat at the Embassy of St. Kitts and Nevis in Washington, D.C. He currently resides in New Jersey, where he is employed as the Associate Dean of Campus Operations at Camden County College. Prior to this role, he served for a decade as Director of the Gateway to College program, which received seven (7) consecutive national awards for program excellence from the Gateway to College/Achieving the Dream National Network.

As a proud son of the “De Village” community in St. Kitts, Dr. Sweeney credits his active involvement in youth organizations, including the Life Boys, Boys’ Brigade, and YSCS, for shaping the course of his life and keeping him grounded, even after losing his mother at the age of 12. Although he knew he had limited financial resources, his desire to travel throughout the Caribbean inspired him to utilize his natural skills and talents to pursue his ambitious dreams.

By the age of sixteen, Dr. Sweeney had earned selection to the Basseterre High School football and table tennis teams. He was a leader of his youth group, Treasurer of the National Youth Council, and an organizer of sporting activities in the “De Village” community. He continued this commitment to sports and community development, later becoming captain of the Santos Football Club, representing St. Kitts in football (soccer), winning the national table tennis championships on five occasions, leading the St. Kitts-Nevis Table Tennis Team in the Caribbean Table Tennis Championships, and serving on the Executive Committees of both the St. Kitts Cricket Association and the St. Kitts Table Tennis Association.

In 1969, Dr. Sweeney began his distinguished teaching career as a mathematics teacher at the age of 17 at the Basseterre Junior High School (BJHS). He utilized his position as an educator to promote and advance cultural development throughout St. Kitts and Nevis. After entering and winning the St. Kitts Calypso Monarch competition at the age of 18 in 1970, he began coaching and training students at BJHS. With the encouragement and support of the progressive Principal, Washington Archibald (“Washie”), he introduced the BJHS Calypso Competition, which became an overwhelming success.

Later that year, the National Carnival Committee sought his voluntary assistance to coach young calypsonians in the nation’s high schools and to introduce the first-ever National Youth Calypso Competition as part of the National Carnival celebrations in 1973. “De King Sweeney” continued to mentor young calypsonians while establishing himself as one of the nation’s leading calypsonians. He won the national calypso crown again in 1975 and placed among the top three competitors in twelve of fourteen consecutive National Calypso Monarch finals. He also won the Sandy Point SPODACS Buy-Local Calypso Competition three out of the four times he competed.

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DR. IRVIN SWEENEY

During this period of national development, Dr. Sweeney was a major contributor to what became known as the “golden age of volunteering” in St. Kitts and Nevis. It was a time when youth and community groups were inspired, motivated, and mobilized to volunteer their time and skills toward nation-building efforts, including the construction of community centers, the paving of alleyways, and the building of basketball, netball, and lawn tennis courts throughout communities.

Following the independence celebrations of the Federation of St. Kitts and Nevis in 1983, Dr. Sweeney was selected by the People’s Action Movement (PAM) to contest the 1984 Federal Parliamentary Elections as its candidate for the West Basseterre Constituency (C3). Following the election, he was appointed Special Assistant to the Minister of Education, Youth, Sports and Community Affairs and was tasked with coordinating the Sports Division’s efforts to advance the Federation’s application for membership in the International Olympic Committee.

He was later appointed National Director of the St. Kitts and Nevis Youth Skills Training Program, funded by the OAS/USAID. Dr. Sweeney was also selected as PAM’s representative to the Caribbean Youth Conference (CYC), where he was elected one of the Vice Chairmen of the organization.

During his seven-year assignment as a diplomat of St. Kitts and Nevis, based in Washington, D.C., Dr. Sweeney was accredited to the United States of America, the World Bank, the United Nations, and the Organization of American States. He served as Minister Counselor/Chargé d’Affaires at the Embassy of St. Kitts and Nevis in Washington, D.C., from January 1994 to July 1995.

After leaving public service, Dr. Sweeney entered the private sector in a management capacity before returning to the classroom as a mathematics professor at Camden County College. He currently serves at the Camden City Campus as Associate Dean of Campus Operations and Retention. Throughout his life and career, Dr. Sweeney has remained committed to the principle of treating others the way he wishes to be treated and continues to inspire others through his dedication to education, service, mentorship, and community development.

MEET OUR GUEST SPEAKER

Dr. Maurice L. Duggins is a distinguished family physician, medical educator, and healthcare leader whose career has been defined by a steadfast commitment to patient care, medical education, and service to underserved communities. Born in St. Kitts and raised in Sandy Point, he emigrated with his family to St. Thomas, U.S. Virgin Islands, in 1978, where he completed his junior and high school education. His academic journey led him to Sterling College in Sterling, Kansas, where he earned a Bachelor of Science degree before attending the University of Kansas School of Medicine, graduating with his Doctor of Medicine (M.D.) in 1993. He subsequently completed his Family Medicine Residency in Wichita, Kansas, becoming a Board-Certified Family Physician.

Dr. Duggins began his professional career serving the Wichita community as a family physician and Medical Director of the Center for Health and Wellness, a safety-net clinic dedicated to providing quality healthcare to underserved populations. His passion for community medicine and medical education led him to Ascension Via Christi Health in 2002, where he joined the Family Medicine Residency Program as a faculty member. Over more than two decades, he has trained and mentored countless medical students and resident physicians while also serving as a Clinical Associate Professor at the University of Kansas School of Medicine.

Throughout his distinguished career, Dr. Duggins has demonstrated exceptional leadership within the medical profession. He has served on numerous hospital committees, chaired the Family Maternal Child Committee, and was elected President of the Via Christi Medical Staff in 2009 and 2010. His peers again recognized his leadership when he was elected President of the Medical Society of Sedgwick County in 2023. Today, he serves as the Chief Medical Officer of Ascension Via Christi St. Joseph, where he provides executive leadership in advancing quality patient care, physician engagement, and clinical excellence.
In addition to his administrative and clinical responsibilities, Dr. Duggins has remained deeply committed to advancing medical knowledge through teaching, research, and scholarly publications. His work has included research in childhood obesity, chronic disease management, and health disparities, reflecting his lifelong dedication to improving the health of individuals and communities. He has also received numerous honors recognizing his excellence in teaching, compassionate patient care, and service in the medical profession.

A proud son of Sandy Point, St. Kitts, Dr. Maurice Duggins exemplifies the values of excellence, humility, and service. His remarkable journey - from a small Caribbean community to becoming a respected physician, educator, and healthcare executive - serves as an inspiration to aspiring medical professionals and to all who believe in the transformative power of education, leadership, and a commitment to serving others.



DR. MAURICE L. DUGGINS

“Wherever the art of Medicine is loved, there is also a love of Humanity”



HONOREE

DISTINGUISHED SERVICE AND LEGACY AWARD

Vernice V. Williams has built a remarkable life defined by service to her country, her patients, her family, and her community. She is the proud mother of three accomplished daughters and the cherished grandmother of two beloved grandchildren. She shared more than 40 years of marriage with her late husband, Dr. Stewart O. Williams. Together, they established a family rooted in faith, love, perseverance, and enduring values, while working side by side to support and uplift their community.

Vernice began her distinguished service career in the United States Army, where she honorably served for six years and attained the rank of Sergeant. Her military experience developed the discipline, leadership, resilience, and sense of duty that have remained central to her character throughout her life.

Motivated by a calling to care for others, Vernice entered the nursing profession, earning an Associate of Science Degree in Nursing from Montgomery County Community College and later a Bachelor of Science in Nursing from Immaculata University. Her dedication to lifelong learning reflected her belief that compassionate, high-quality care requires both clinical expertise and continual professional growth.

For more than 26 years, Vernice faithfully served patients and families at Abington Hospital, now Jefferson Health. Her clinical experience included Medical-Surgical Nursing, Telemetry, and Stroke Care. She earned the respect of colleagues and the gratitude of patients through sound clinical judgment, professionalism, empathy, and a calm, reassuring presence.As a trusted preceptor, Vernice played a significant role in mentoring and training newly licensed nurses. Her patience, wisdom, and commitment to developing future healthcare professionals have left a lasting influence on many nurses who began their careers under her guidance.



MRS. VERNICE WILLIAMS

“When you learn, teach. When you get, give.”- Maya Angelou

She consistently recognized that healing involves more than medical treatment; it also requires dignity, education, encouragement, and genuine human connection.

Building upon decades of clinical service, Vernice later joined Aetna/CVS Health as a Nurse Case Manager. In this role, she guided patients through complex healthcare systems, coordinated care, and connected individuals and families with the services needed to support positive health outcomes. Her work demonstrated her lifelong commitment to advocacy, education, empowerment, and compassionate care.

In March 2026, Vernice retired after an exceptional career spanning more than three decades of military and healthcare service. She now enjoys time with her family, creating cherished memories with her grandchildren, traveling, and embracing the rewards of a life well lived.

Vernice V. Williams’ legacy is measured not only by the uniforms she wore, degrees she earned, and positions she held, but by the countless lives she touched. Through faithful service, compassionate leadership, professional excellence, and unwavering love for family and community, she continues to inspire generations.

HONOREE

DISTINGUISHED ALUMNUS AND EDUCATOR AWARD

Mr. Fritzroy Wilkin is a distinguished educator and trainer who has dedicated more than four decades to advancing education and training in St. Kitts and Nevis (SKN) and across the Caribbean, particularly in the field of Technical and Vocational Education and Training (TVET). Guided by a firm belief in the transformative power of TVET, he has empowered individuals and communities by unlocking human potential through formal and non-formal learning, innovation, and purposeful engagement.

Mr. Wilkin's professional journey began in 1985 as a TVET teacher at Sandy Point High School (his alma mater), now the Charles E. Mills Secondary School (CEMSS), where he taught Woodworking, Technical Drawing, Mathematics, and Agricultural Science. During his distinguished career, he spearheaded several landmark TVET development initiatives in St. Kitts and Nevis, including the establishment of the Advanced Vocational Education Centre (AVEC) (1999); the TVET Teacher Training Programme at the Clarence Fitzroy Bryant College (CFBC) (2005); the transition of the Youth Skills Training Programme (YSTP) to the National Skills Training Programme (NSTP) (2006); the establishment of the SKN TVET Secretariat (2010); the development of the TVET Road Map (2011); the SKN National TVET Policy (2013); and the SKN National Qualifications Framework and National Skills Registry (2014). He retired from government service on December 31, 2014, as Principal TVET Officer in the Ministry of Education.

Mr. Wilkin has also developed several innovative training initiatives, including the UNESCO-funded Youth in Business Project (2005), which launched five small businesses in hairdressing, landscaping, and barbering; the OAS-funded ITrepreneurship Project (2008), designed to foster an entrepreneurial culture in St. Kitts and Nevis; and the NSTP Secondary School Work-Based Project (2009), aimed at reintegrating marginalized students into mainstream education. As Chair of the CARICOM Regional Occupational Standards Committee, he led the standardization of Regional Occupational Standards, facilitating the free movement of skilled artisans throughout the Caribbean Community. He also contributed to the Caribbean Education for Employment (C-EFE) Programme, helping to align education and training with regional labour market needs. Today, he is actively involved with the University of the West Indies Joint Board of Teacher Education (UWI JTBE) in developing artificial intelligence (AI) policies, curricula, and codes of conduct for teacher education across the region.

Mr. Wilkin currently serves as Curriculum Development Officer at the Clarence Fitzroy Bryant College (CFBC), a position he has held since 2020, where he leads the institution's renewable energy development agenda. Since 2023, he has also served as Chair of the St. Kitts and Nevis TVET Council, providing leadership in the continued development of a high-quality national TVET system.



MR.FRITZROY WILKIN

“It always seems impossible until it’s done.”-Nelson Mandela

Mr. Wilkin's distinguished career spans classroom instruction, educational policy, national initiatives, regional leadership, and the design and transformation of education and training systems. His work has been consistently defined by purpose, resilience, innovation, and measurable impact. In recognition of his outstanding contributions, the Christopher-Wilkin Institute of Technology (CWIT) was established in 2025, honoring him as the pioneer and chief architect of the modern TVET foundation in St. Kitts and Nevis.

Driven by the belief that "Our survival rests in the development of competent people with the right skill sets," Mr. Wilkin remains steadfast in his commitment to advancing Technical and Vocational Education and Training while fostering innovation, workforce development, and lifelong learning. His legacy continues to inspire educators, policymakers, and students throughout St. Kitts and Nevis and the wider Caribbean.

HONOREE

DISTINGUISHED COMMUNITY SERVICE AWARD

Founder, The Avril Show Cancer Award Foundation



MS. AVRIL FRANCIS

Born on the beautiful island of St. Kitts, Ms. Avril Francis spent her formative teenage years in St. Thomas, U.S. Virgin Islands, before making New York City her home. She attended Monroe College, where she pursued studies in Business Administration, laying the foundation for a lifetime dedicated to leadership, service, and community empowerment. Above all, she is a devoted mother of three sons, whose lives continue to inspire her unwavering commitment to making a positive impact.

Driven by a lifelong passion to serve others, Ms. Francis embarked on a career in healthcare, believing that true fulfillment comes from helping those who are most vulnerable. She began her professional journey as a Nursing Assistant, joining North Central Bronx Hospital in 1983. In 1990, she furthered her training as a Medical Technician and accepted a position at Montefiore Hospital's Care for the Homeless Program, where she found her true calling. Working with individuals facing homelessness and hardship, she became a source of hope, compassion, and encouragement, helping countless people regain dignity and rebuild their lives.

Recognized for her leadership, creativity, and unwavering dedication to service, Ms. Francis has become a respected advocate throughout the Bronx community. She currently serves as Chair of the Board at Montefiore Hospital – Wakefield Campus and is an active member of Community Board 11's Sanitation Committee. She also works closely with the 47th Police Precinct, fostering stronger relationships between law enforcement and the community while championing initiatives that support neighborhood safety and youth development. Her involvement with the NYPD Explorers Program reflects her deep commitment to mentoring and inspiring the next generation of leaders.

Ms. Francis is perhaps best known as the founder of The Avril Show Cancer Award Foundation, an organization established to recognize cancer survivors, business leaders, and extraordinary individuals whose service has made a lasting difference in their communities. Each year, on the first Friday in June, the Foundation hosts its signature awards event, celebrating resilience, service, and hope. Proceeds from the event support a variety of charitable initiatives, including sending children to summer camp, providing Back-to-School supplies, assisting families in need, supporting community outreach efforts, and contributing to the NYPD Explorers Program.

A compassionate servant leader with an extraordinary heart for people, Ms. Avril Francis continues to exemplify the power of faith, perseverance, and selfless service. Through her work in healthcare, community advocacy, and philanthropy, she has transformed lives, inspired countless individuals, and strengthened the communities she proudly serves. Her life stands as a testament to the profound impact one person can have when guided by a genuine desire to uplift others.

To learn more about Ms. Francis and the Foundation's work, visit www.theavrilshowfoundation.org.







Hugh W. Campbell

Attorney At Law

Rodman and Campbell, P.C.

Congratulations & Best Wishes

to

HONOREE

Avril Francis

and
to

SANDY POINT BENEVOLENT SOCIETY

• ACCIDENTS RESULTING IN SERIOUS INJURIES
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Representing Clients throughout the State of New York

"OVER 43 YEARS LEGAL EXPERIENCE AND PROMPT SERVICE"

HONOREE

DISTINGUISHED ALUMNA & COMMUNITY SERVICE LEADERSHIP AWARD

Ms. Shermin Stevens is a distinguished educator, academic administrator, and community leader whose career spans more than three decades of exemplary service. Recognized for her professionalism, integrity, and unwavering commitment to excellence, she has dedicated her career to educating students, mentoring colleagues, and strengthening academic institutions.

Throughout her career, Ms. Stevens has become a respected leader in hospitality education and culinary arts, with particular expertise in culinary curriculum development, culinary program design, quality assurance, and academic administration. Her vision and leadership have strengthened culinary education programs that equip students with the technical knowledge, practical skills, and professional competencies required for success in the hospitality industry. By combining academic excellence with industry-focused training, she has consistently promoted innovation, accountability, and student achievement.

Her commitment to service extends well beyond the classroom. As President of the St. Kitts Chapter of the Sandy Point Benevolent Society (SPBS), Ms. Stevens has championed educational initiatives and community programs that have expanded opportunities for students and strengthened the communities she serves. Her leadership reflects a lifelong dedication to empowering others through education, mentorship, and selfless service.

Ms. Stevens' trailblazing accomplishments in education, academic leadership, and community service have established a legacy that continues to inspire others. These achievements form the foundation for her selection as the recipient of the Sandy Point Benevolent Society's (SPBS) 2026 Distinguished Service Award, one of the organization's highest honors. This prestigious recognition celebrates her enduring contributions to education, her transformational leadership, and her unwavering commitment to improving the lives of others through service.

Throughout her distinguished career, Ms. Stevens has demonstrated that education is one of society's most powerful instruments for transforming lives and communities. Her influence is reflected in the many students, educators, and community members whose lives have been enriched by her guidance, mentorship, and leadership.

Ms. Shermin Stevens exemplifies the highest ideals of educational excellence, servant leadership, and community service. Her lasting legacy is measured not only by her professional accomplishments, but also by the countless lives she has inspired, making her a truly deserving recipient of the SPBS 2026 Distinguished Service Award.



MS. SHERMIN STEVENS



HONOREE

DISTINGUISHED COMMUNITY SERVICE AWARD

Kylla Herbert is an accomplished business professional, nonprofit executive, community leader, and devoted champion of Caribbean culture whose remarkable journey reflects a deep and enduring commitment to service. For decades, she has dedicated herself to strengthening families, empowering young people, advancing communities, and preserving the rich cultural heritage of the Caribbean for generations to come.

A proud graduate of Ursinus College, Kylla earned a Bachelor of Science degree in Physics. Her academic achievement provided her with a foundation of discipline, analytical thinking, perseverance, and excellence - qualities that have continued to define both her professional career and her community leadership.

For more than two decades, Kylla has successfully managed a financial services business, working with individuals, families, entrepreneurs, and businesses to strengthen their financial capacity and pursue greater stability and success. Her professional accomplishments are rooted in a genuine desire to help others gain the knowledge, resources, and confidence necessary to build stronger financial futures.

Yet, Kylla's impact extends far beyond her professional accomplishments. Her passion for service and her love for Caribbean culture have found a powerful expression through her leadership as Executive Director of the South Jersey Caribbean Cultural & Development Organization (SJCCDO), an organization founded by her late father, Nkem Tshombe.

Through SJCCDO, Kylla has carried forward a meaningful legacy of cultural pride and community service. She has worked tirelessly to promote greater understanding, appreciation, and awareness of Caribbean culture through the arts, education, cultural programming, community engagement, and initiatives that bring people of diverse backgrounds together.



MS. KYLLA HERBERT

Among SJCCDO's signature achievements is the South Jersey Caribbean Festival, a longstanding celebration that has become an important platform for showcasing the richness, beauty, diversity, and vibrancy of Caribbean heritage. Under Kylla's leadership, SJCCDO has continued to flourish as a force for cultural preservation, community engagement, youth development, and cross-cultural understanding.

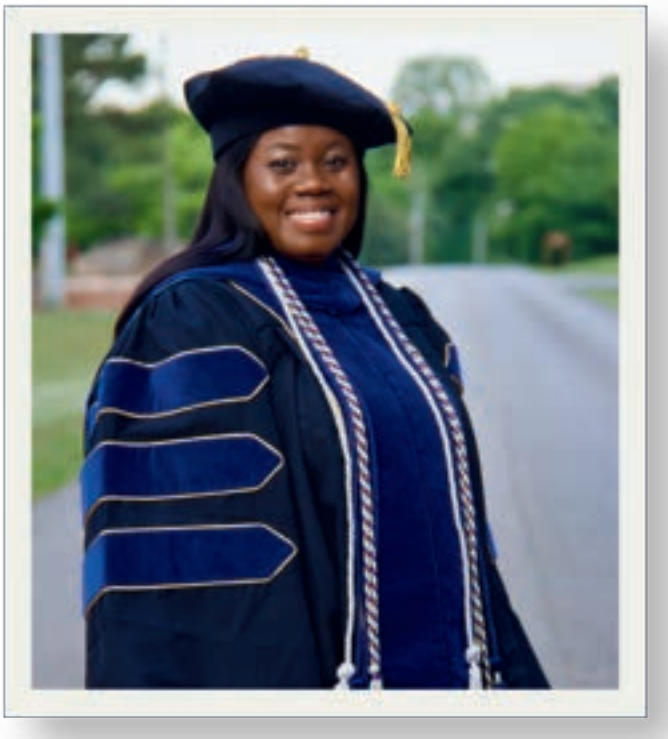
Her commitment to young people is further demonstrated through her service as Coordinator and Chairperson of the St. Kitts and Nevis Penn Relays Committee. In this role, she helps create opportunities for young athletes to pursue their talents while fostering meaningful connections between the Caribbean and its diaspora. Her work demonstrates her belief that investing in young people is an investment in the future.

Kylla's appreciation for travel, culture, and the world around her was nurtured by her mother through family trips and shared experiences. Those early experiences helped cultivate her curiosity and appreciation for different cultures and perspectives. Today, she continues to enjoy traveling, learning new things, photography, and, above all, spending cherished time with her son and family.

Throughout her professional and community journey, Kylla Herbert has demonstrated that true leadership is measured not only by achievement, but by the lives touched, opportunities created, traditions preserved, and communities strengthened.

CONGRATULATIONS

DR.FLOYDD.REVANAND DR. TABIAR.POWELL-REVAN,





Proud natives of Sandy Point, St.Kitts, on your extraordinary academic achievements. Dad, we commend you on earning your Doctor of Public Health (DrPH) degree with a concentration in Epidemiology in 2020, and Mom, we celebrate you for earning your Doctor of Philosophy (PhD) in Education with a concentration in English Language Learning, this year.

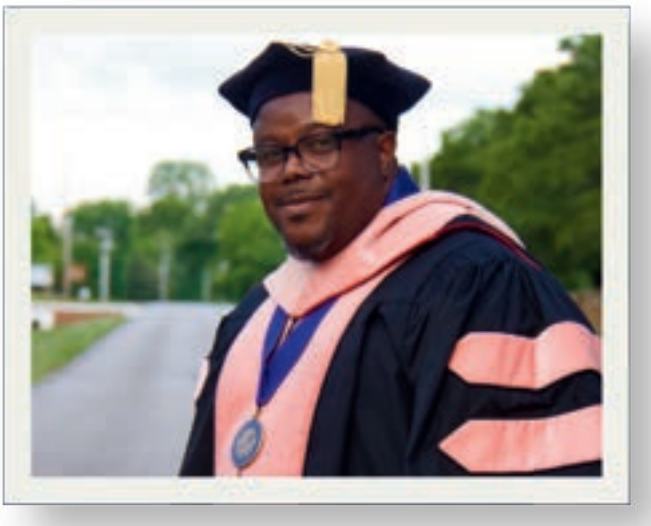
We are inspired by the wisdom, talents, and love you pour into everything you do. The example you set, the lives you touch, and the communities you serve will continue to create a ripple effect for years to come.

Here's to you, Mom and Dad! Thank you for showing us what excellence looks like. We love you and we are so proud of you.

With all our love and admiration from Huntsvile, Alabama,

Your daughter, Thuy

Your son, Thyus



LEVERNE BROOKES

DR. STEWART O. WILLIAMS MEMORIAL SCHOLARSHIP



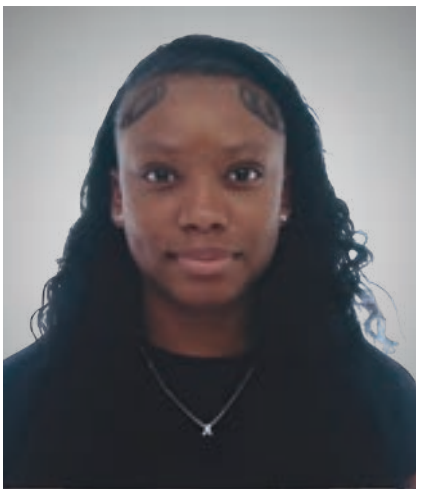
Ms. Laverne M. Brookes is a veteran educator with over 30 years of experience in education, leadership, and community service. She currently serves in the Acting Business Development Office at Clarence Fitzroy Bryant College (CFBC), where she also lectures and supports student development. She holds advanced degrees in education, leadership, political science, history, and international relations from The University of the West Indies and the University of Leicester.

A passionate advocate for education and youth development, Ms. Brookes mentors students in public speaking, debate, critical thinking, and interview preparation. She also supports scholarships and academic initiatives that promote educational excellence. Her commitment to service extends to the Anglican Church, where she holds several leadership positions within the Mothers' Union, supporting families, women, and community development.

Guided by her belief that education transforms lives and empowers communities, Ms. Brookes has dedicated her career to fostering leadership, lifelong learning, and volunteerism. The Sandy Point Benevolent Society proudly recognizes her as the inaugural recipient of the Dr. Stewart O. Williams Memorial Scholarship, honoring her outstanding commitment to education, faith, and community service.

ABIGAIL O'FLAHERTY

DR. STEWART O. WILLIAMS MEMORIAL SCHOLARSHIP

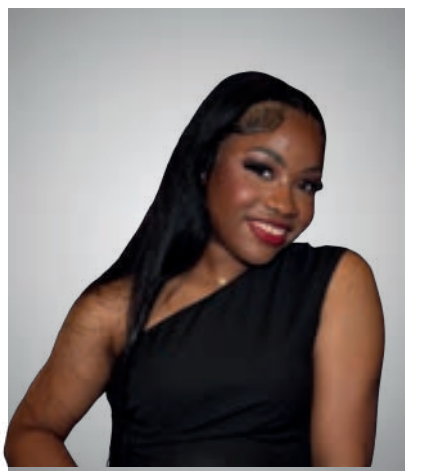


Abigail Angelique Destiny O'Flaherty is a multi-talented scholar, culinary professional, athlete, vocalist, designer, and cosmetologist from Sandy Point, St. Kitts. She earned 11 CSEC subjects at Charles E. Mills Secondary School before completing an Associate Degree in Culinary Arts at Clarence Fitzroy Bryant College in 2022. Her professional experience includes Sweet & Savory Restaurant and Park Hyatt St. Kitts Christophe Harbour, where she gained valuable culinary and luxury hospitality experience. She currently resides in Taiwan, pursuing a Bachelor of Science in Travel and Tourism at Ming Chuan University, with plans to graduate in 2028 and return to St. Kitts and Nevis to contribute to the growth of eco-tourism, cultural tourism, and community-based tourism.

Abigail's talents extend beyond academics and hospitality. A former nationally recognized middle- and long-distance runner, she is also an accomplished vocalist, fashion designer, and cosmetologist. In 2026, her creativity earned her the title of Hairstylist of the Year in Taiwan and an Anchors of Culture, Innovation and Excellence Award. Previously named one of St. Kitts and Nevis' 25 Most Remarkable Teens in 2019 in the Scholar-Athlete category, Abigail continues to demonstrate leadership, versatility, and a strong commitment to national development. The Sandy Point Benevolent Society is proud to name her a recipient of the inaugural Dr. Stewart O. Williams Memorial Scholarship.

ALLENDIYAH ROGERS

DR. STEWART O. WILLIAMS MEMORIAL SCHOLARSHIP



At 24, Allendiyah Rogers is a dedicated finance and data analytics student at Tamkang University, pursuing a bachelor's degree in Global Banking and Finance. A graduate of Verchilds High School and Clarence Fitzroy Bryant College, she excelled academically, earning 11 CXC passes and advanced CAPE qualifications. Her professional experience includes accounting and auditing, where she combines financial expertise with technology and Python programming to apply a data-driven approach to her work.

A natural leader, Allendiyah has served in student government and volunteered as a dorm leader at Camp Abraham. She plans to give back to St. Kitts and Nevis by developing sports management initiatives, structured athletic leagues, and youth programs that promote teamwork, discipline, and community resilience. Beyond academics and finance, she enjoys needlecraft, football management, sports administration, and culinary arts. She is honored to be a recipient of the Dr. Stewart O. Williams Memorial Scholarship.

PATRINA PERRIERA

SPBS THE CAROL FREEMAN SCHOLARSHIP SPONSORED BY CRIOS FREEMAN



Some people find their calling early; for me, it found me in a robotics lab with no prior experience and only curiosity to guide me. I am Patrina Perreira, a graduate of the Dr. Denzil Douglas Secondary School, where I was named Valedictorian and received the Information Technology Award. My passion for technology grew through the St. Kitts-Nevis Robotics Association, where I advanced from a beginner to Team Captain, leading my team to a Top 20 finish at the 2021 FIRST Global Challenge and later representing St. Kitts and Nevis in Geneva, Switzerland. These experiences inspired me to pursue an Associate Degree in Information Technology and continue serving as a Robotics Ambassador and certified Instructor, encouraging young people to explore careers in STEM.

Today, I am pursuing a Bachelor of Science in Computer Networks and Cybersecurity at Monroe University while working full-time as an Information Security and Business Systems Analyst at Delisle Walwyn & Co. Ltd. Balancing work, school, and running a small rug-making business has strengthened my resilience and determination. My goal is to help protect and strengthen St. Kitts and Nevis' digital infrastructure while mentoring the next generation of innovators. Receiving this scholarship would not only ease the financial burden of my education but also affirm the hard work, perseverance, and commitment that have brought me to this point.

DENISE PATRICK

SPBS SIR HUGH & LADY RAWLINS SCHOLARSHIP SPONSORED BY SIR HUGH & LADY CLAUDETTE RAWLINS



Denise Wilson Patrick is an accomplished contract management and commercial risk professional with more than 20 years of experience across the energy, utility, and infrastructure sectors. As a Contract Manager at Siemens Energy, she is recognized for her expertise in commercial negotiations, risk management, and strategic leadership, and is a graduate of the company's prestigious AscentPoint Leadership Program. Committed to developing future leaders, Denise serves on the Siemens Energy Legal and Compliance Internship Operations Committee and has been honored as a Siemens Energy Culture Champion for advancing diversity, inclusion, and mentorship.

Her passion for service extends beyond the workplace through her support of Caribbean organizations, scholarship initiatives, educational programs, hurricane relief efforts, and community outreach for individuals experiencing homelessness. Denise holds degrees from the University of Houston and the University of St. Thomas and is currently pursuing a Juris Master's degree at Florida State University. A proud alumna of Charles E. Mills Secondary School in St. Kitts, she credits the school with laying the foundation for her lifelong commitment to leadership, service, and excellence. Above all, Denise cherishes her role as a wife and mother, finding her greatest inspiration in her family as she continues to make a lasting impact in her profession and community.

"EDUCATION IS THE MOST POWERFUL WEAPON WHICH YOU CAN USE TO CHANGE THE WORLD."



Congratulations SYDNI PATRICK

"CURIOUS MIND, COMMITTED TO IMPACT AND GROWTH."

Class of 2026

EDUCATION

Howard University – D.C
Incoming Freshman (8/26)
Class of 2026

Horizon High School (HHS)
Cambridge AICE Diploma
GPA: 4.9 Weighted
3.8 Unweighted

EXTRA CURRICULAR ACTIVITIES

- Vice President, Black Student Union
- Vice President, Varsity Speech & Debate Team
- Athletic Trainer, Horizon Sports Medicine Program
- Fundraising Chair – National Honor Society

HONORED. RECOGNIZED. DESTINED FOR GREATNESS.

- Florida Academic Scholars Award
- Howard University Capstone Scholarship
- Florida Super Scholar Award
- Bank of America Student Leader National Award (June 2025)
- The Orlando Mayor's Dr. Martin Luther King, Jr. Youth Humanitarian Award (November 2025)

We are so proud of you!

Your dedication, leadership, and heart for others inspire us every day. As you begin this next chapter at Howard University, may you continue to shine, lead with purpose, and make a lasting impact on the world. The future is bright, and we can't wait to see all you will accomplish!

Love always,
Rossi, Denise & Roman Patrick

Congratulations

TYLER HENRY

CLASS OF 2026

OXON HILL HIGH SCHOOL, MARYLAND

4.0 GPA

With hard work, dedication, and faith, you have achieved an incredible milestone! Your commitment to excellence in academics, leadership, music, and service is truly inspiring. As you embark on this exciting new chapter, may God continue to guide, protect, and bless you in all that you do.

We are so proud of you!



A REMARKABLE ACHIEVEMENT

- **STEM Program Member** – Trained Large Language Models (LLMs) to play an online game for his senior project.
- **4-Year Member, Oxon Hill High School Orchestra** – Played viola. Orchestra earned Superior ratings (highest possible grade) in county assessments for 4 consecutive years.
- **Vice President, Orchestra Association**
- **Dedicated Community Volunteer** – Historic Christ Episcopal Church, Clinton, MD & Family Readiness Center, DC Army National Guard
- **Avid Basketball Player** – Focused his time on the rigors of the STEM curriculum.

THE NEXT CHAPTER

CAPITOL Technology University

Tyler will pursue a Bachelor of Science in **Computer Science** with a specialization in **Artificial Intelligence.**

MULTIPLE SCHOLARSHIP RECIPIENT

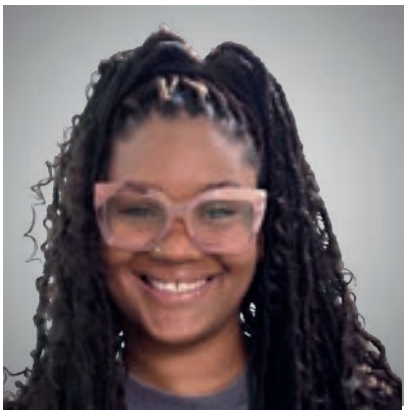
- **Outstanding High School Graduate Scholarship** – Christ Episcopal Church, Clinton
- **Mischa Dorr-Ames Scholarship** – Oxon Hill High School Alumni Association
- **Dr. Oliver "Jerry" Harmon Scholarship** – Coalition of Concerned Black Christian Men of Prince George's County
- **Emerging Leaders Scholarship** – Capitol Technology University
- **Vision of Leadership in Technology (VOLT) Scholarship** – Capitol Technology University
- **Richard J. Heiman Scholarsitp** – Capitol Technology University

"Commit to the Lord whatever you do, and he will establish your plans."
— Proverbs 16:3

With Love & Prayers
Parents – Tregenza & Jean Henry
Brother – Rogene Matthew

ALANAH MITCHELL

RIDLEY GUISHARD MEMORIAL SCHOLARSHIP

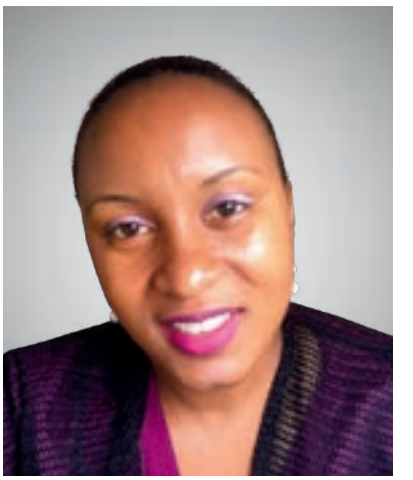


Alaynah Mitchell is a sophomore pursuing a Bachelor of Science in Tropical Agriculture and International Cooperation at the National Pingtung University of Science and Technology in Taiwan. A native of St. Kitts and Nevis, her passion for agriculture was inspired by her family's farming background and her desire to address food security and sustainable agricultural development in the Caribbean. She has developed a particular interest in plant pathology, biosecurity, and quarantine systems. In 2025, she completed an internship with the Plant Quarantine Unit of the Department of Agriculture in St. Kitts, gaining practical experience in plant health protection, pest surveillance, and biosecurity procedures.

Alaynah aspires to contribute to agricultural research, strengthen local food systems, and promote sustainable farming practices in St. Kitts and Nevis. She is honoured to receive the Ridley Guishard Memorial Scholarship from the Sandy Point Benevolent Society, generously sponsored by Dr. Hannah Guishard in memory of Ridley Guishard. She is grateful for this support and remains committed to using her education to advance agriculture and food security in her country.

GEMMA HODGE

SPBS UNDERGRADUATE SCHOLARSHIP



Gemma Hodge, affectionately known as Tez, has dreamed of becoming a nurse since childhood, inspired by her aunt Gwenneth's compassion for others. She is currently pursuing a Bachelor of Science in Nursing at Helene Fuld School of Nursing, maintaining an outstanding 3.90 GPA. Her academic achievements include degrees in Medical Laboratory Technology and Chemistry, a Magna Cum Laude LPN qualification, and passing the NCLEX-PN.

Committed to giving back, Gemma supports families through Mount Carmel Pentecostal Church and provides school supplies to children in the Bronx. She hopes to one day sponsor students at Sandy Point Primary School in St. Kitts, where she was shaped by strong values and discipline. With the support of her family, Gemma is grateful for the Sandy Point Benevolent Society scholarship and determined to continue a life of service, compassion, and excellence.

DOLICIA BARRY

SPBS VERCHILDS HIGH SCHOOL SCHOLARSHIP



Dolicia Crystie Barry is a fifth-year medical student pursuing her Doctor of Medicine degree in Cuba, driven by a lifelong commitment to improving the health and well-being of the people of St. Kitts and Nevis. A proud graduate of Verchilds High School, she has demonstrated excellence in academics, leadership, and community service throughout her educational journey. Dolicia has represented her country in national debating competitions, served in student government, and held leadership roles at the Latin American School of Medicine, where she was also crowned Miss Caribe 2022.

She continues to mentor young women, support student initiatives, and contribute to medical research while preparing for a career in public health. Upon graduation, Dolicia plans to return home to strengthen primary healthcare, promote preventative health education, and mentor the next generation of leaders. As the recipient of the SPBS Verchilds High School Scholarship, she is honored by this investment in her future and remains committed to serving her community with compassion, excellence, and purpose.

K'ZAONÉ BLAKE

ST. PAUL'S PRIMARY SCHOOL PRINCIPAL'S AWARD



K'zaoné Blake, the 2026 recipient of the SPBS Principal's Award, graduated third in her class at St. Paul's Primary School with an impressive 91.7% average. Known for her curiosity, kindness, and dedication, she earned the Best in Language Arts Award, reflecting her love of reading and writing. Her academic excellence was further recognized with the 2026 Triple A Award.

Beyond academics, K'zaoné excelled in athletics and extracurricular activities. She was named Victrix Ludorum 2026, earned MVP and Best Defensive Player honours in netball, and was First Runner-Up in the 2025 All-Star Athletic Princess and Calypso Monarch Show. Beginning Charles E. Mills Secondary School in September 2026, she aspires to become a teacher and inspire future generations through education

SURII DAVIS

SANDY POINT PRIMARY SCHOOL PRINCIPAL'S AWARD

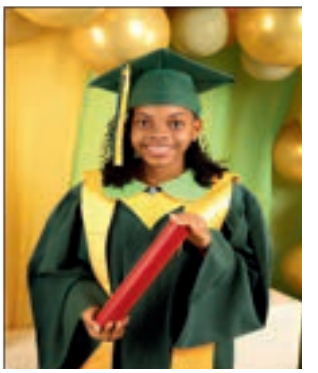


Surii Davis is an exceptional young scholar who graduated as Valedictorian of the Sandy Point Primary School Class of 2026. A well-rounded student, she has excelled academically, athletically, artistically, and through community involvement. Her achievements include winning the Sir Kennedy Simmonds 90th Birthday Card Competition, placing second in the TDC Car and St. Kitts Tourism Authority Art Competitions, and earning first place in the Co-operative Credit Union Quiz.

Surii has also distinguished herself in athletics, earning top placements in the 400 meters and contributing to successful 4×400-metre relay teams. A lover of Mathematics and Science, she aspires to become a Forensic Pathologist and use her skills to serve others. Outside school, she enjoys reading, drawing, crafting, sports, and church activities. Her dedication, humility, and determination make her an outstanding role model with a bright future.

KEVINIQUE POWELL

NEWTON GROUND PRIMARY SCHOOL PRINCIPAL'S AWARD



Kevinique Powell is an exceptional 12-year-old whose dedication, perseverance, and passion for learning earned her the distinguished honour of being the Valedictorian of Newton Ground Primary School for 2026. Throughout her primary school years, she consistently demonstrated academic excellence, a strong work ethic, and an unwavering commitment to achieving her goals.

A passionate reader, Kevinique credits her love of books with strengthening her curiosity, broadening her knowledge, and contributing to her academic success. Beyond the classroom, she is actively involved in netball and track and field, where she continues to develop teamwork, discipline, determination, and good sportsmanship. She is also an active member of St. Paul's Anglican Church, where her faith has played an important role in shaping her character and values. Kevinique is admired by her peers for her positive attitude, kindness, respect for others, and quiet leadership. She approaches every challenge with confidence and resilience, inspiring those around her to strive for excellence.

In September 2026, Kevinique will begin her secondary education at the Charles E. Mills Secondary School. She aspires to become a successful entrepreneur, using her creativity, leadership, and determination to build a business that creates opportunities for others. With her strong values, passion for learning, and determination to succeed, Kevinique is well positioned to make a meaningful impact in her community and beyond.

"EDUCATION IS THE KEY TO UNLOCKING THE WORLD, A PASSPORT TO FREEDOM."


Congratulations!
We are so proud of you!
You did it!
MBA
WITH CONCENTRATION IN
HUMAN RESOURCES MANAGEMENT
Your hard work, dedication, and perseverance have brought you to this incredible achievement. We are so thrilled to celebrate this milestone with you!
Congratulations from your husband, children, parents and extended family.
Your grandmother
Enid Richardson
must be so proud of you.

CONGRATULATIONS

TO

LEONARD CRICHTON III

affectionately called LJ

ON HIS DUAL GRADUATION!!!



LARGO HIGH SCHOOL

A proud Graduate of **Largo High School** in Upper Marlboro, Maryland
High School Diploma

PRINCE GEORGE'S COMMUNITY COLLEGE

A distinguished graduate of **Prince George's Community College,** Maryland
Information Technology associate's degree

LJ is enrolled in **Washington College Maryland for the Fall of 2026** to pursue a bachelor's degree as a **Computer Science Major** and a **Minor in Information Systems**



Golf enthusiast.
LJ will play golf for
WASHINGTON COLLEGE'S GOLF TEAM

WC

BEST WISHES FOR A BRIGHT FUTURE!!

Lots of love from:

- **Your Mom and Stepdad** *(Chanae & Brandon Hewitt)*
- **Your Dad** *(Leonard Crichton II)*
- **Your Maternal Grand Parents** *(Mike and Grace Teaney)*
- **Your Paternal Grand Parents** *(Grandma Cathleen Hodge Wilkin, Leonard Crichton Sr. & Ruby Crichton)*

HOW AI CAN BE BENEFICIAL IN MEDICINE

BY-DR. MERVYN RICHARDSON

ARTIFICIAL INTELLIGENCE (AI)



is reshaping modern medicine by helping clinicians deliver care that is faster, more accurate, and more personalized. Introduction across hospitals, clinics, and research labs, AI systems are being used to interpret complex data, support clinical decisions, and streamline daily workflows. Rather than replacing healthcare professionals, AI tools are designed to work alongside them, reducing some of the most time-consuming tasks while adding another layer of safety and insight.

When carefully validated and ethically implemented, these technologies can strengthen the patient-clinician relationship by allowing more time for direct care and shared decision-making. Improving diagnosis and early detection, a major benefit of AI in medicine, is improved diagnostic accuracy and earlier detection of disease. Algorithms can analyze medical images such as X-rays, CT scans, mammograms, and pathology slides, identifying subtle patterns that may indicate cancer, heart disease, or neurological conditions at an early stage. Studies show that AI systems can read imaging studies quickly and with high accuracy, sometimes matching or exceeding human experts in tasks like detecting breast cancer from mammograms. By catching disease earlier, clinicians can intervene sooner, which often leads to better outcomes and lower treatment costs over time.

1. Supporting clinical decisions at the bedside. AI is also becoming an important partner in clinical decision support. By continuously scanning electronic health records, vital signs, lab results, and medication lists, AI models can flag high-risk patients, warn about potential deterioration, and suggest when an intervention might be needed. For example, predictive systems have been used to identify hospitalized patients at risk of sepsis or respiratory failure hours before they become critically ill, giving teams time to act. Other tools help prioritize radiology worklists or alert specialty teams as soon as serious findings, such as pulmonary embolism, are suspected. In all of these cases, the final decision still rests with clinicians, but AI serves as an extra “set of eyes” that can reduce missed warning signs.

2. Enabling personalized and preventive care. Beyond acute decisions, AI supports a shift toward more personalized and preventive medicine. Machine learning models can combine information from genetics, imaging, lifestyle factors, and prior responses to therapy to help clinicians choose treatments tailored to each patient. This is especially promising in fields such as oncology and cardiology, where small differences between patients can have a large impact on which therapy works best. AI can also be used at the population level to predict which groups are at higher risk for conditions like diabetes, heart failure, or depression, making it easier to target screening and prevention programs before serious disease develops.

3. Reducing administrative burden and burnout. Many clinicians spend a significant portion of their day on documentation and other administrative work. AI can help by automatically summarizing visits, drafting clinical notes, and organizing information from long records using natural language processing. Other tools assist with scheduling, triage of patient messages, and managing large volumes of routine results, thereby reducing overload on busy teams. By offloading repetitive tasks, AI has the potential to reduce burnout and allow clinicians to focus more of their energy on complex thinking, procedures, and meaningful conversations with patients.

4. Accelerating research and drug development. AI’s ability to process massive datasets is also transforming biomedical research. In drug discovery, algorithms can screen thousands of potential compounds in silico, predicting which are most likely to be effective and safe before they ever reach human trials. In clinical research, AI can analyze large cohorts to identify patterns in treatment response, discover novel risk factors, and refine clinical trial design. These capabilities can shorten development timelines, reduce costs, and increase the chances that successful therapies reach patients more quickly.

5. Challenges and the need for careful oversight. Despite its promise, AI in medicine also raises important challenges involving data quality, bias, privacy, and accountability. Algorithms trained on incomplete or unrepresentative data may perform poorly in certain populations, risking inequitable care if problems are not detected and corrected. There are also questions about how to protect sensitive health information, how to explain complex model decisions to patients, and who is responsible when an AI-supported recommendation is wrong. Because of these issues, many experts emphasize the need for strong evaluation, transparent reporting, and clear regulations before AI tools are deployed widely in real-world clinical settings.

In conclusion, AI is not a magic solution to every problem in healthcare, but it is already proving to be a powerful ally. From sharper diagnosis and personalized treatment plans to streamlined workflows and faster research, AI can help clinicians deliver safer, more efficient, and more patient-centered care when it is designed and used responsibly. For students and future professionals, understanding how to work with these tools - rather than fearing they will replace human expertise - will be an important part of practicing medicine in the years ahead.

THE HEALTH REPORT

WHAT IS GBM?

BY-DR. MERVYN RICHARDSON

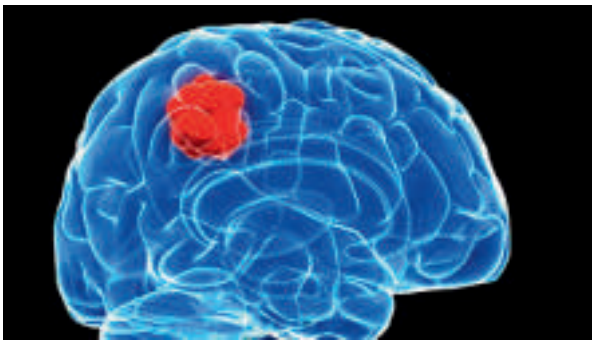
OVERVIEW



Glioblastoma (GBM) is the most common malignant primary brain tumor in adults. It starts from glial (support) cells in the brain. Under the World Health Organization (WHO) system, it is a grade 4 tumor, meaning the cells look very abnormal and tend to grow quickly. Since 2021, the term glioblastoma is reserved for adult tumors that are IDH-wildtype; grade 4 tumors with an IDH mutation are now called astrocytoma, IDH-mutant, grade 4.

GBM is hard to treat because tumor cells weave into healthy brain beyond what is visible on MRI, the blood-brain barrier blocks many drugs, and cells within the same tumor can carry different mutations. Most tumors recur after first-line treatment, so follow-up is lifelong.

SYMPTOMS AND URGENT WARNING SIGNS



Common symptoms depend on tumor location and may include:

- New or persistent headaches, often worse in the morning
- Seizures (any new seizure in an adult is urgent)
- Weakness, numbness, or clumsiness on one side
- Trouble with speech, language, or finding words
- Vision changes; nausea/vomiting
- Memory loss, confusion, personality change
- Balance problems or unusual fatigue

DIAGNOSIS AND KEY TEST TERMS

Diagnosis is built from a neurologic exam, an MRI of the brain with contrast (the most important imaging test), and a tissue sample taken at surgery or biopsy. A neuropathologist then runs molecular tests that confirm the type and guide treatment.

- IDH-wildtype - defines glioblastoma in adults under the 2021 WHO system.
- MGMT methylation - quiets a DNA-repair gene; methylated tumors usually respond better to temozolomide chemotherapy.
- Ki-67 / MIB-1 - how many tumor cells are actively dividing (higher = faster growing).
- Necrosis and microvascular proliferation - features of grade 4 tumors seen by the pathologist.



TREATMENT OVERVIEW

Care is delivered by a team - neurosurgeon, radiation oncologist, neuro-oncologist, neuropathologist, nurses, pharmacists, and rehabilitation therapists. Standard newly diagnosed care combines surgery, radiation, and temozolomide, with optional Tumor Treating Fields (TTFields) during maintenance.

1. Surgery - maximal safe resection removes as much tumor as possible without harming critical brain function; a needle biopsy is used when removal is not safe. Tools that can help maximize a safe removal include intraoperative MRI, awake brain mapping, neuro-navigation, and fluorescence-guided surgery (for example, using 5-aminolevulinic acid, or 5-ALA, to make tumor cells glow under special light)

2. Radiation - daily external-beam radiation to the tumor area, usually over about six weeks (shorter courses for older or frail patients).

3. Temozolomide (Temodar®) - an oral chemotherapy taken during radiation and then in monthly cycles. Patients with MGMT methylation tend to benefit most.

4. Tumor Treating Fields (TTFields) - a wearable device with adhesive patches that delivers low-intensity electric fields. Adding TTFields to maintenance temozolomide improved survival in a large, randomized trial.[6]

5. Steroids and seizure medicines - dexamethasone (Decadron®) reduces brain swelling (taper as soon as safe). Anti-seizure drugs are used after a seizure, not routinely as prevention.

6. At recurrence - options may include another surgery, more radiation, different chemotherapy, bevacizumab (Avastin®), or a clinical trial.

MANAGING COMMON SIDE EFFECTS AND SUPPORTIVE CARE



From radiation

•Fatigue that often peaks toward the end of treatment and improves over weeks to months
•Hair loss in the area being treated, which may be permanent
•Skin redness or irritation at the treatment site
•Nausea or headache, especially with larger fields
•Memory and thinking changes, sometimes appearing months after treatment

From temozolomide

•Nausea - often well controlled with anti-nausea medicine taken before each dose
•Low blood counts (especially platelets), which require regular blood tests
•Fatigue and constipation
•Risk of infection from a low white blood cell count, including a rare lung infection that may require a preventive antibiotic



From steroids (e.g., dexamethasone)

•Trouble sleeping, mood swings, irritability
•Increased appetite and weight gain
•Higher blood sugar, sometimes requiring monitoring or treatment
•Muscle weakness with prolonged use, stomach irritation, higher infection risk
•Never stop steroids suddenly - always taper under your team's guidance

Supportive care helps you live well. Ask your team early about:

•Physical, occupational, and speech therapy
•Neuropsychology for thinking and memory
•Palliative care alongside active treatment
•Mental health support - anxiety, depression, and grief are common and treatable
•Social work, chaplaincy, nutrition, and community resources



For caregivers:

•Keep one binder/app with diagnosis, medications, allergies, and key phone numbers; bring it to every visit and ER trip.
•Build a small team of helpers for driving, meals, and company.
•Watch for safety issues at home (falls, stove, getting lost) and act early.
•Track seizures, side effects, and questions in a simple log.
•Plan ahead: power of attorney, advanced directive, insurance authorizations.
•Care for yourself - sleep, exercise, and your own health visits matter.

QUESTIONS TO ASK THE CARE TEAM

About the tumor

•What does my pathology report say (IDH, MGMT, grade)?
•Where is the tumor and which functions could it affect?
•How much tumor remains after surgery?



About treatment

•What is the goal of each treatment - control, symptoms, or something else?
•What are the most likely benefits and risks?
•How will we know if treatment is working?
•What clinical trials might I be eligible for?
•Should I get a second opinion at a comprehensive brain-tumor center?
•Is it safe for me to drive? If not, when can we revisit?

About daily life

•What activities, work, or travel can I continue?
•Who do I call after hours; which symptoms need an immediate call?
•What support is offered for caregivers, mental health, and finances?
•Would palliative or supportive care be helpful now?

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From
Spencer Amory, MD

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Sandy Point Benevolent Society

SPBS

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In Loving Memory of

Dr. Stewart O. WILLIAMS

1960 - 2026

Founder & President, SPBS

You came, did your part,
helped so many, and left
a lasting impact on countless lives.
Rest well, my brother.

We will ALL miss you and
carry on your legacy of
service, compassion, and giving back
so others can move forward.



Gone Too Soon

FOREVER IN OUR HEARTS, FOREVER IN OUR MEMORIES.

"Well done, good and faithful servant." – Matthew 25:23

DR. STEWART O. WILLIAMS: A LIFE DEDICATED TO GIVING BACK

Dr. Stewart Orlyn Williams *was a distinguished chemist, educator, community leader, mentor, and devoted family man whose life was defined by service, generosity, and an unwavering commitment to educational advancement. Affectionately known as "Peppa," he founded the Sandy Point Benevolent Society, Inc. (SPBS), creating an enduring legacy of opportunity for students in St. Kitts and Nevis and throughout the diaspora.*

Early Life and Education

Dr. Williams was born on August 22, 1960, in St. Kitts, to the late Everette and Glenneth Warner Williams. He graduated from Sandy Point High School, now Charles E. Mills Secondary School, in 1976.

From 1979 to 1983, he attended the College of the Virgin Islands, now the University of the Virgin Islands, where he earned a Bachelor of Science degree in Chemistry with Physics, graduating summa cum laude. In 1989, he earned a Doctor of Philosophy in Physical Chemistry from the University of Washington in Seattle.

Professional Career

Dr. Williams built an accomplished career in the chemical industry. He began his professional journey with Rohm and Haas, eventually rising to Associate Global R&D Director in the Greater Philadelphia area. He devoted more than 30 years to the company and continued his service following its acquisition by Dow Chemical.

Although he initially retired in January 2022, Dr. Williams returned to the workforce in May of that year with Nouryon, a global specialty chemicals company serving the paints and coatings industry. Motivated by the opportunity to contribute to the company's continued growth, he remained with Nouryon until his official retirement in February 2026.

Dr. Williams was also an active member of the National Organization for the Professional Advancement of Black Chemists and Chemical Engineers, known as NOBCChE.

Community Leadership and Educational Legacy

Dr. Williams founded the Sandy Point Benevolent Society, Inc., an organization dedicated to youth mentorship, education, and community development. He served for many years as its Founding President. After several years as Chairman, he returned to the presidency and remained in that role until his passing.

Under his leadership, SPBS expanded educational opportunities for students at the primary, secondary, and tertiary levels. His stewardship was described by the Embassy of St. Kitts and Nevis as one of "unwavering dedication."

One of his most significant initiatives was the Principal's Award Program at Sandy Point High School. The program supported the school through donations of a human-sized skeleton for the biology laboratory, water-distillation equipment for the Chemistry laboratory, a school-wide intercom system, and a 30-piece steel pan orchestra valued at US$25,000.

The program also provided financial assistance to outstanding students from St. Paul's Primary School, Newton Ground Primary School, and Sandy Point Primary School. Awardees received support upon entering secondary school, after successfully completing their CSEC examinations, following CAPE completion, and during their first year of bachelor's-degree study.

After nearly 29 years, the Principal's Award evolved into SPBS's flagship Scholarship and Awards Program. The initiative expanded to include graduates from Verchilds High School and the Hon. Dr. Denzil L. Douglas Secondary School, as well as students from rural high schools pursuing bachelor's, master's, and doctoral degrees at institutions worldwide.

Dr. Williams invested his time, vision, personal resources, and extensive network in sustaining the program. He constantly encouraged individuals, businesses, and organizations to support deserving students. His determination to remove financial barriers was reflected in his assistance to a former award recipient whose education was threatened by severe financial hardship. Dr. Williams secured a commitment from Dame Constance V. Mitchum to fund the student's tuition through completion of her associate degree.

To perpetuate his legacy, SPBS established The Dr. Stewart O. Williams Memorial Scholarship, which will be officially announced at the Society's 14th Annual Awards Gala in New York on September 5, 2026.

Service to the Community

Dr. Williams supported numerous community initiatives through his generosity, leadership, and partnerships. Children of the Caribbean, Inc. described him as a champion of education and community development whose life of service left an enduring legacy in St. Kitts and Nevis.

He was instrumental in supporting the participation of Charles E. Mills Secondary School student-athletes in the Penn Relays in Pennsylvania. Through SPBS, he helped provide financial support and remained personally involved in coordinating meals, accommodations, transportation, and social activities for the teams.

Dr. Williams also served on the Board of Directors of Diaspora Connect; an organization launched in January 2022 to unite diaspora organizations and individuals in addressing educational and social needs. His insight and wise counsel were widely respected. He also cultivated meaningful partnerships with the Embassy of St. Kitts and Nevis in Washington, D.C., and the Federation's Mission in New York.

Another initiative close to his heart was the Annual Crime Intervention Summer Soccer Camp in St. Kitts. From its inception in 2023, he served as one of its strongest supporters and foundational pillars. He believed deeply in the power of sport, discipline, opportunity, and mentorship to shape young lives and help prevent crime.

Dr. Williams was also a mentor and dedicated supporter of the Security Forces United Football Club. His commitment helped the camp become a source of hope and opportunity for hundreds of young athletes. During the opening ceremony of the fourth annual camp on July 20, 2026, Camp Director Inspector John Bergan paid tribute to Dr. Williams, stating that his legacy continues through every child served and every life impacted.

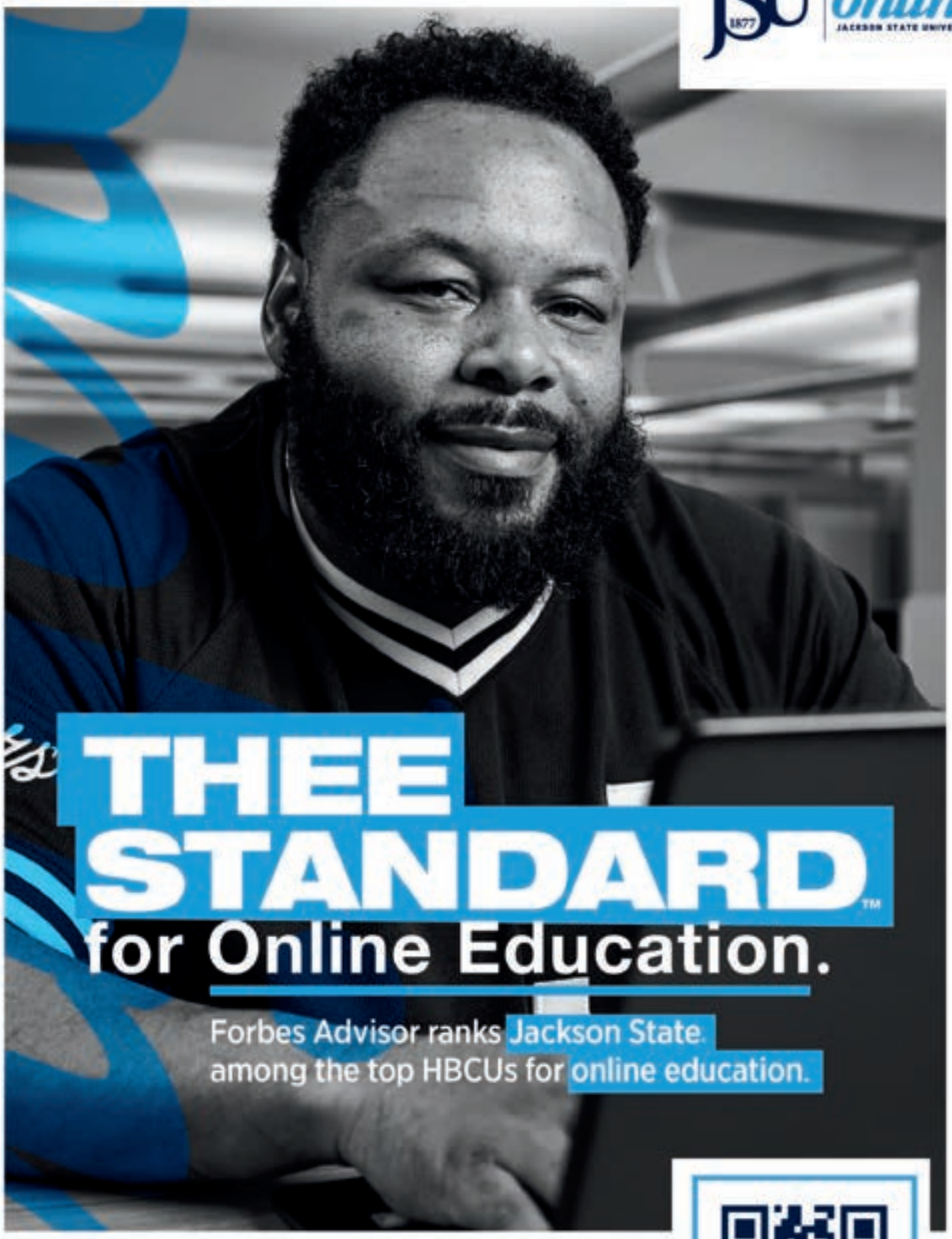
Dr. Williams was a faithful member of Lansdale United Methodist Church in Lansdale, Pennsylvania.

Family and Passing

Dr. Stewart O. Williams, a devoted husband, father, and grandfather, passed away peacefully at home surrounded by his family on June 26, 2026, at age 65. He is survived by his wife, Vernice Richards Williams; daughters Sherise Koelsch (Ian), Lauren Nall (Walter "Zack"), and Allison Williams; grandchildren Eliza Nall and Reid Koelsch; and brother Lorenza Williams. He was predeceased by his parents and brother, Patrick Williams.

His funeral service was held on July 6, 2026, at Lansdale United Methodist Church in Lansdale, Pennsylvania. In his memory, the family has requested contributions to the Sandy Point Benevolent Society, the organization he founded and led with vision and dedication. Through SPBS, his mentorship, and commitment to education and service, Dr. Williams touched countless lives. His legacy will continue through the students, families, and communities strengthened by his generosity.

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HONORING A VISIONARY: DR. STEWART O. WILLIAMS

By-Dr. Mervyn Richardson

Among the many distinguished sons of Sandy Point, few have left a mark as profound and far-reaching as Dr. Stewart Orlyn Williams - affectionately known as “Dr. Peppa,” “Lyn,” “Missing Link,” and simply “Stew.” A brilliant scholar, accomplished professional, devoted husband and father, and tireless community advocate. Dr. Williams embodied the highest ideals of service, resilience, and excellence.

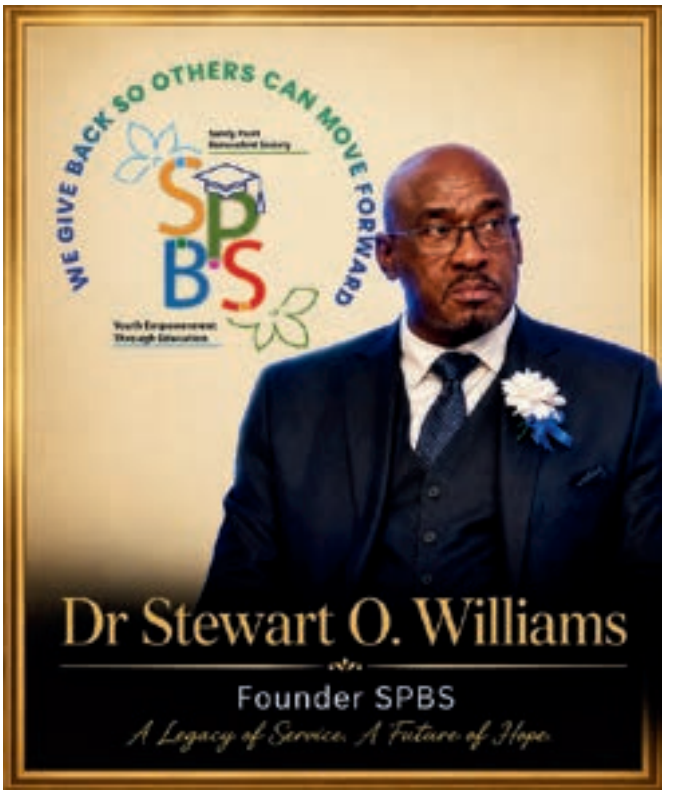
Following the passing of his father, a respected police officer in the Federation, Stewart’s family relocated from Basseterre to Sandy Point, where he was raised by his mother alongside his brothers. From an early age, he distinguished himself through academic excellence, discipline, and athletic ability. Friends and classmates remember him as exceptionally intelligent and gifted in cricket, football, basketball, and table tennis. Alongside his late brother Patrick, he also helped operate the family’s restaurant, The Nook, a beloved establishment in Sandy Point.

After graduating from Sandy Point High School in 1976, Stewart attended Basseterre High School for sixth-form studies before beginning his career as a teacher. Determined to further his education, he enrolled at the College of the Virgin Islands in St. Thomas, where he completed a bachelor’s degree in physics and chemistry, graduating with an outstanding 4.0 GPA.

His pursuit of excellence continued at University of Washington, where his exceptional academic performance earned him direct advancement from master’s-level studies into the doctoral program. In 1989, he was awarded the Doctor of Philosophy (Ph.D.), a remarkable achievement that reflected his intellect, perseverance, and commitment to lifelong learning.

In December 1985, Dr. Williams married Vernice “Debbie” Williams, a U.S. Army veteran and registered nurse. Together, they built a loving family founded on faith, devotion, and mutual support, raising three daughters - Sherise, Lauren, and Allison. Their family later expanded to include two sons-in-law and two cherished grandchildren who brought them immeasurable joy.

For many Sandy Pointers living abroad, Dr. Williams’ home became a place where friendships were strengthened, ideas were exchanged, and dreams were developed. During the late 1980s and early 1990s, conversations among friends centered on one important question: How could they give back to the community that had shaped them? Those discussions became the foundation of what would eventually become the Sandy Point Benevolent Society (SPBS).



“The greatest legacy is a life lived with purpose”

In 1997, Dr. Williams joined six close friends - Trevor Duggins, Anthony Warner, Antonio “Hill” Warner, Alphie Gipson, Valdemar Rochester, and Mervyn Richardson - to establish the Principal’s Award, a scholarship initiative designed to assist economically challenged students entering Sandy Point High School, now Charles E. Mills Secondary School (CEMSS). What began with seven friends each contributing US$100 annually grew into a far-reaching mission dedicated to education, service, and community development.

As the vision expanded through annual Labor Day planning meetings in New York, SPBS introduced additional scholarships for students attending Sandy Point, St. Paul’s, and Newton Ground Primary Schools. The organization also provided educational resources, including a warm-water bath and a full-sized human skeleton to enhance science instruction, while continuously seeking opportunities to support young people.

In 2005, the organization was formally incorporated as the Sandy Point Benevolent Society, with Dr. Stewart Williams proudly serving as its founding President. Under his visionary leadership, SPBS grew into one of the Federation’s most respected philanthropic organizations. The Society expanded its outreach to include mentorship programs, assistance for families affected by disasters, financial support for students attending Clarence Fitzroy Bryant College, sponsorship of the Security Forces Football Summer Camp, support for the CEMSS/Penn Relays Team, and numerous community initiatives - all guided by its enduring motto: “We give back so that others can move forward.”

From humble beginnings, the Society has grown to award more than US$30,000 in scholarships annually, a testament to the enduring vision Dr. Williams helped create.

Dr. Williams’ optimism, determination, and unwavering belief that challenges could be overcome inspired countless others. Even after being diagnosed with Glioblastoma (GBM), an aggressive form of brain cancer, he faced his illness with extraordinary courage, faith, and dignity, continuing to inspire those around him.

Dr. Stewart Orlyn Williams’ legacy extends far beyond his academic achievements and professional accomplishments. It lives on through the students whose dreams became possible because of his generosity, the communities strengthened by his vision, the organization he helped build, and the many lives he touched through service and leadership.

He represented the very best of Sandy Point - a proud son of the soil whose life exemplified scholarship, humility, servant leadership, and an unwavering commitment to helping others.

The Sandy Point Benevolent Society proudly honors the life and legacy of its founding President, Dr. Stewart Orlyn Williams. His vision transformed lives, his leadership united communities, and his example will continue to inspire generations to come.

BRIDGING THE WATERS: THE LEGACY OF DR. STEWART WILLIAMS AND THE ANGUILLA SPBS CHAPTER

By-John Christopher Richardson

Dr. Stewart Williams was a visionary, an advocate for positive change, and a tireless champion for community development whose influence extended far beyond the shores of St. Kitts. His impact reached across the waters to Anguilla, despite the fact that he never physically set foot on the island. His passion for the people of Sandy Point and his unwavering commitment to preserving their heritage inspired a movement that continues to flourish. Through his leadership, encouragement, and belief in the power of community, he demonstrated that service and dedication can transcend geographical boundaries.

The vision to establish a chapter of the Sandy Point Benevolent Society (SPBS) in Anguilla was born from Dr. Williams' thoughtful and deliberate planning. Recognizing the significant number of Sandy Pointers who had made Anguilla their home, he began making inquiries to understand the size, strength, and potential of that community. Once the information became available, he was convinced that the time was right. He firmly believed that the Sandy Point diaspora in Anguilla possessed the commitment, resources, and passion necessary to support a successful and sustainable chapter.

With determination and purpose, the Society's by-laws were reviewed and amended to accommodate the formation of the new chapter. The necessary framework was established within weeks, paving the way for the inaugural meeting held on August 5, 2020, at the Teachers' Resource Centre in Anguilla. At Dr. Williams' encouragement, Chris Richardson, who had been serving as the unofficial coordinator of the initiative, convened the general meeting. Fourteen registered members attended and formally elected the chapter's first governing body, marking the official establishment of the Sandy Point Benevolent Society (Anguilla Chapter).

One of Dr. Williams' greatest strengths was his remarkable ability to inspire action. He possessed an infectious enthusiasm and an unwavering determination to move worthwhile ideas from conversation to reality. He encouraged the leadership to reach beyond the immediate membership and engage not only Sandy Pointers residing in Anguilla but the wider Kittitian community as well. He believed that wherever Kittitians lived, they carried a responsibility to preserve their cultural identity, maintain their connection to home, and contribute to the advancement of their communities.

His encouragement of alumni, former residents, and friends of Sandy Point to give back became a defining feature of his leadership. Whether through mentorship, fundraising, educational support, or community outreach, Dr. Williams challenged others to invest their time, talents, and resources in creating opportunities for future generations. He understood that strong communities are built through collective responsibility and a willingness to serve.



Dr. Williams also possessed a remarkable perspective on adversity. He refused to view challenges as failures; instead, he saw them as necessary stages in organizational growth and development. When enthusiasm declined or progress slowed, he reminded others that every meaningful institution experiences periods of difficulty and that perseverance is essential to achieving lasting success. His optimism and encouragement strengthened the resolve of those who worked alongside him and helped build confidence in the mission of the organization.

Beyond his accomplishments, Dr. Williams will be remembered for the warmth of his personality, his professionalism, and his genuine ability to make others feel valued and welcomed. He combined a commitment to excellence with humility, kindness, and a wonderful sense of humor. His interactions reflected respect, compassion, and an understanding that leadership is ultimately about people.

Today, the Sandy Point Benevolent Society (Anguilla Chapter) continues its journey of growth and service, guided by the vision and values Dr. Williams helped establish. Although he is no longer here to personally champion the cause, his legacy remains deeply woven into the fabric of the organization and the lives he touched.

Dr. Stewart Williams' greatest legacy is not only the organization he helped create but also the spirit of service, unity, and community pride that he inspired. His vision transcended borders and demonstrated that one person's commitment, when combined with determination and faith, can create lasting change. His footprints will remain etched in the sands of time, inspiring future generations to continue the work of service, leadership, and giving back.

A LIFE OF VISION, SERVICE, AND FRIENDSHIP

By- Trevor “Cherry” Duggins

There are friends, and then there are lifelong friends whose presence shapes your life in ways words can hardly describe. Dr. Stewart “Pepper” Williams was one of those rare individuals. To many, he was a respected chemist, a family man, a founding member of the Sandy Point Benevolent Society (SPBS), and a man deeply committed to serving others. To me, he was a childhood friend, brother, basketball teammate, and a visionary.



Cherry and Pepper

Pepper and I grew up together in Sandy Point, where our friendship was forged through shared experiences, laughter, and countless hours on the basketball court and the family-run restaurant known as ‘The Nook’. Even as a young man, there was something different about him. While many of us were focused on the present, Pepper’s mind was always looking ahead. His conversations about outer space were fascinating. He spoke with such passion and imagination that I often thought he had been born in the wrong era. Had life taken another path, I truly believe he could have become an astronaut. His vision extended far beyond the boundaries of what most of us could see.

Although his profession was chemistry, Pepper’s true gift was mixing with people and combining them like a chemistry experiment. His home was a place of welcome, where everyone felt like family. His doors were always open, his heart was always generous, and no one ever left without feeling encouraged, appreciated, or simply glad they had spent time with him.

No tribute to Pepper would be complete without recognizing the family who meant everything to him. His beloved wife, Debbie, was his partner, his confidante, and the love of his life. Together they built a home filled with warmth, laughter, and unconditional love—a home whose doors were always open to family and friends alike. He was immensely proud of his three beautiful daughters, Cherisse, Lauren, and Allison, and his love for them was evident in everything he did. They were his greatest joy and his proudest accomplishment. The values Pepper lived by—kindness, integrity, generosity, and compassion—are part of the legacy he leaves with them. While words cannot ease the pain of their loss, they can take comfort in knowing that they shared a remarkable husband and father whose love, guidance, and example will remain with them always.

Pepper’s commitment to the Sandy Point Benevolent Society reflected his lifelong desire to uplift others. As a founding member, he helped lay the foundation for an organization that continues to live by the motto “We Give Back So Others Can Move Forward”. He believed that serving others was not an obligation but a privilege, and he gave of himself freely without seeking recognition.

One of my favorite memories perfectly captures who Pepper was. I once told him that my wife joked she thought I spent more time talking to him than to her because I was always busy doing “Pepper stuff.” Without missing a beat, he smiled and said, “Just let her know it’s for SPBS, and it’s all good.” That was Pepper—quick-witted, devoted to the organization, and always able to bring a smile to your face. Looking back now, those conversations were never just about meetings or plans. They were about building friendships, strengthening our community, and sharing a vision that was greater than ourselves.

Pepper leaves behind a legacy of friendship, generosity, service, and unwavering commitment to Sandy Point. He challenged us to dream bigger, care more deeply, and always remember where we came from. His life reminds us that one person, with a generous heart and a clear purpose, can make an immeasurable difference.
My friend, thank you for the games we played, the dreams we shared, the many conversations that stretched my mind, and the countless hours we spent working side by side for SPBS. Thank you for opening your home, your heart, and your life to so many. Though your earthly journey has ended, your influence will continue to live on in all of us who were blessed to know you.
Rest peacefully, Pepper. Until we meet again, your friendship will remain one of life’s greatest blessings, and your legacy will forever be part of the story of Sandy Point.

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A Father's Love: Messages from Stewart's Daughters

Sherise, Stewart's first daughter

Lightning in a bottle

About a year ago, my dad was diagnosed with Glioblastoma. Brain Cancer. Big, scary, and unknown territory. The brain is like lightning in a bottle, mesmerizing and profound, so much electricity and yet so fragile. What happens when the glass bottle breaks... who is touched by the proverbial lightning? You realize just how big and grand your net is when you're plunged into the darkness that is cancer. One brilliant man, two brain surgeries, three rounds of chemo, and a limitless army of family and friends to hold all the pieces together. It hasn't been easy or pretty, but a good fight never is... you can't have lightning without some thunder. So thankful for moments like this and seeing the calm in the storm.



Lauren, Stewart's second daughter

Resilience is the ability to adapt, recover, and grow stronger when faced with adversity, trauma, or significant stress. Rather than simply "toughing it out" or avoiding hardship, resilience is a dynamic process involving mental, emotional, and behavioral flexibility.Relentlessness is the quality of continuing to pursue something with persistence, determination, and unwavering commitment, without becoming weaker or allowing challenges to diminish one's resolve. It represents a sustained intensity and a refusal to give up despite difficulty or opposition.Over the past year and a half, my dad has demonstrated relentless resilience. When he was first diagnosed with glioblastoma, it felt as though the entire world had come to a standstill. Yet, in his typical chemist fashion, Dr. Stewart O. Williams immediately immersed himself in understanding what lay ahead. He quickly turned to research, seeking to understand previous findings, explore ongoing and upcoming clinical trials, and learn about potential medical breakthroughs. Even in the face of uncertainty, he remained optimistic, curious, and hopeful.My entire family knew we had a difficult road ahead, but my dad - the person who had always been the foundation and strength of our family, continued to reassure us and remind us that everything would be okay. His courage and determination gave us strength when we needed it most.I truly believe that everything happens for a reason, and I am deeply grateful that I was able to be there for my dad during this chapter of his journey. I had the opportunity to help transport him to and from Philadelphia for three rounds of chemotherapy and radiation treatments, while also supporting my parents through two brain surgeries and numerous hospital stays during a period when I was unemployed. Despite the circumstances, I cherished that time with my dad. Being able to spend those moments together was a gift, just as every moment with him throughout the years has been.This Father's Day, I celebrate my favorite scientist, philanthropist, coach, supporter, voice of reason, sports enthusiast, athlete, father, grandfather, and, above all, fighter. Life may look different right now, but I will always treasure the countless memories we have created together, and I remain hopeful that we will have many more opportunities to make new ones.My family is truly blessed to have an incredible support system made up of our extended family and friends who have become family. The love, encouragement, prayers, and acts of kindness shown to us have meant more than words can express.To everyone who has supported us throughout this journey, we sincerely thank you. Your compassion and generosity have helped carry us through some of our most challenging moments, and we are forever grateful.



Allison, Stewart's third daughter

My dad is one of those people you naturally gravitate toward. We know him as Peppa, Coach Stew, Doctor, Papa Stew, Dad, and so much more to the many people whose lives he has touched. He has always been someone who leads by example.To know my dad is to know someone who truly embodies strength and brilliance—not just physical strength, but the kind of inner strength that inspires others to become better. Whether facing challenges or celebrating successes, he has always carried himself with integrity, humility, and purpose.One of the things I have always admired most about him is his incredible mind. No matter the setting, he has possessed a remarkable ability to make people think, learn, and grow. Whether he was teaching, coaching, researching, or simply engaging in conversation, he brought wisdom, curiosity, and insight into everything he did. Those qualities have left a lasting impression on everyone fortunate enough to know him.When our family was faced with his glioblastoma diagnosis, I watched that same brilliant mind go to work. The chemist in him immediately shifted into research mode. While the rest of us were still trying to process what was happening, he was gathering information, studying treatments, and searching for answers. Even during one of the most difficult moments of his life, he met uncertainty with courage, determination, and an unwavering desire to keep fighting.I am incredibly proud to be his daughter and a reflection of that brilliance. The lessons he has taught me, the values he has instilled in me, and the example he has set will remain with me for the rest of my life.His legacy is not defined only by the titles he earned or the accomplishments he achieved. It lives on through the people he inspired, the opportunities he created, the students he taught, the athletes he coached, and the family he loves so deeply. Dad, thank you for being our teacher, our coach, our protector, and our greatest example of strength and true brilliance. Thank you for showing us what faith, leadership, courage, and love look like. We love you more than words could ever express.



Statement from Children of the Caribbean, Inc.

Children of the Caribbean, Inc. extends its deepest condolences to the family, friends, and colleagues of Dr. Stewart O. Williams, founder of the Sandy Point Benevolent Society, whose extraordinary life of service and philanthropy has left an enduring legacy in St. Kitts and Nevis.

We are deeply honored that Dr. Williams recognized and supported the work of Children of the Caribbean, Inc. His unwavering commitment to education, community development, and creating opportunities for future generations exemplified the values we strive to uphold.

In tribute to his remarkable legacy, Children of the Caribbean, Inc. pledges to support efforts that continue his vision of empowering the people of St. Kitts, particularly within his beloved community of Sandy Point.
A life dedicated to service. A legacy that will endure. Rest in eternal peace, Dr. Stewart O. Williams.





SPBS MENTORSHIP PROGRAMME: GIVING BACK AND BUILDING FUTURES

By- Stacy D. Gumbs

The SPBS Mentorship programme remains committed to contribution to the academic and overall advancement of all the recipients of the SPBS Principal's Award particularly as they journey through the Charles E. Mills Secondary School towards their long-term goals. Inherent to all that is pursued within the mentorship programme, is the bolstering focus of SPBS, of giving back so others can move forward. This continues to unpin everything that is done because the mentees must be
aware that they are a part of a larger community of generosity, ambition, civic-mindedness and volunteerism.

At the start of the 2025 – 2026 school year, we welcomed the newest mentees: Ms. Eden Douglas, the SPBS Principal Award recipient from the Sandy Point Primary School, Mr. Kieron Richardson, the SPBS Principal Award recipient from the Newton Ground Primary School, and Ms. Markysha Archibald, the SPBS Principal Award recipient from the St. Paul's Primary School. Before their welcome to the wider SPBS Mentorship Programme, an introductory welcome meeting was held with the trio and then brief individual sessions. Having secured the expressed commitment of their parent for their participation in the mentorship programme, then the new mentees completed our Mentees Intake Form. A very useful activity remains seeing them in the educational setting when follow-up, check-ins were done at the school. All of this enables the assignment of a suitable mentor to each one.

Each year, there is a focus on engaging the mentees through activities that are responsive to their emerging and expressed needs. In this era of increased technology and reduced social and physical activities, attempts were made to help the mentees to stay focused on the priorities of life even as they attempt to navigate the teenage years in this dramatically evolving world. Beyond engaging their mentees individually, mentors are facilitators in group sessions and it is so heartening to see previous
mentees who have matured and advanced to become mentors, providing insight and coaching to the mentees. There are no words to describe that experience when some who were among our most introverted mentees when they were in high school, leading sessions and giving practical, valuable advice now they are mentors and taking a leading role in guiding sessions. Further, when a mentor can reflect on the CFBC years and spontaneously express gratitude in a mentorship activity for the
mentorship programme's community of support that was motivational to the completion of college, we are reminded that we are on task. The mentorship programme is framed around Proverbs 27:17, "As iron sharpens iron, so one person sharpens another."

This year, in response to feedback from mentors, focused attempts were also made to sharpen the mentors in their role. Thus, mentors' capacity building sessions were planned to help to further uptool them. The stand out session was, Developing Rapport and Creating Safe Spaces for Young People, done by Ms. Alicia Collins, a family counsellor and community mentor who has extensive experience working with and mentoring young people. She not only exposed the mentors to critical information about what teenagers are navigating in this era, but through personal case situations and activity she helped the mentors present to appreciate what communication that builds rapport look and feel like. She emphasized intentionality in mentorship and modelled elements of effective mentoring. As she concluded her session, beyond extending her sincerest commendations to the organisers and participants of the SPBS Mentorship programme, she also challenged us to explore more ways to safeguard our training and this very valuable mentorship programme.















The SPBS St. Kitts Chapter 2026 Award and Dinner Ceremony

The Sandy Point Benevolent Society (SPBS) Inc., St. Kitts Chapter, held its prestigious 6th Annual Awards and Dinner Ceremony on Thursday, 30th April 2026, at the St Paul's Community Centre. This year's guest speaker was the eloquent and motivational Dr. Erian Jeffers. Dr Jeffers is a mentor in the SPBS Mentorship Programme and also a former principal awardee, thus exemplifying her commitment and dedication to the Motto of our organisation, where we give back so others can move forward.'

This year's ceremony welcomed an introduction of several new awards, namely:

- **SPBS Recognition Awards:**
  - For Prominence in Cricket: Ms Aaliyah Weekes and Mr Kasim Challenger

- **SPBS Appreciation Award for Service to Education**
  - School Bus Drivers: Mr. Alpeus Mulraine and Mr. Paul Francis
  - Traffic Warden: Ms. Averil Jeffers
  - Lunch Server: Mrs. Paula Williams
  - Security Officer: Ms. Stacy Browne

- **The Debbie Hanley-Caesar & Paula Rogers-Hodge Athletic Excellence Award ($ 600 XCD):** Uzariel Hodge (For being the Victrix Ludorum at the 2026 Sports Day of the Charles E. Mills Secondary School)

- **The Seymour "Tally" Davis & Dr. Mark Hodge Athletic Excellence Award ($600 XCD):** Naheem Williams Farrell (For being the Victor Ludorum at the 2026 Sports Day of the Charles E. Mills Secondary School)

- **William V.A. Hodge, CSM Compassionate Award ($1,000 XCD):** Yonae A.S DeCosta: (Student of Form Two Equipped at the Charles E. Mills Secondary School)

- **William V.A. Hodge, CSM Consolation Prize ($500XCD):** Shazia Wigley (Student of Form One Creative at the Charles E. Mills Secondary School)

- **The Dr. Almesha Richardson Innovation Award ($1000XCD) (PRIMARY):** Machela Woods- Student of Grade Six at the Newton Ground Primary School)

- **The Dr. Almesha Richardson Innovation Award ($500XCD) (Secondary):** J'Shanel Woodley- Student of the Form Three Masterpieces at the Charles E. Mills Secondary School)










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CLASS SCHEDULE

DAY	Age Group	Session 1	Session 2	Session 3
MONDAY	ADULTS & BEGINNERS	5:30PM	6:30PM	7:30PM
TUESDAY	CHILDREN	4:30PM	5:30PM	6:30PM
WEDNESDAY	ADULTS & BEGINNERS	5:30PM	6:30PM	7:30PM
THURSDAY	CLOSED	CLOSED	CLOSED	CLOSED
FRIDAY	ADULTS & BEGINNERS	5:30PM	6:30PM	7:30PM
SATURDAY	CHILDREN	11:00AM	12:00PM	1-3:00PM
SUNDAY	CLOSED	CLOSED	CLOSED	CLOSED

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FROM CEMSS TO CAPTAINCY: AALIYAH WEEKES ON THE RISE

Aaliyah Weekes of St. Pauls, St. Kitts, is emerging as one of the bright young leaders in women's cricket across the Leeward Islands. A student at Charles E. Mills Secondary School, she has combined local pride, steady development, and leadership ability in a journey that has taken her from community cricket to captaincy at the regional Under-19 level.

> IF YOU CAN BELIEVE IT, THE MIND CAN ACHIEVE IT.
>
> WOMEN'S CRICKET

HOW THE GAME SHAPES CHARACTER AND CONFIDENCE





At a young age, Aaliyah Weekes has already earned recognition as a talented and composed cricketer from St. Pauls, St. Kitts. Her progress reflects the promise of a new era in women's cricket - one in which young female athletes are stepping confidently into positions of responsibility, representation, and leadership. This year at the recently held SPBS scholarship awards ceremony at St. Pauls community center, Aaliyah was given the Sports Personality Award 2026.Weekes attended Charles E. Mills Secondary School, where her growth as a student-athlete formed part of the foundation for her cricketing journey.

The school, closely linked to the St. Pauls community, has become a point of pride as one of its own continues to make an impact beyond the classroom and onto the regional sporting stage. Her rise through the ranks has been marked by commitment, discipline, and an ability to lead by example. These qualities helped earn her the role of captain of the Leeward Islands Under-19 Stormers, a significant honour that places her at the center of one of the region's most promising youth women's teams.



As captain, Weekes represents more than an individual achievement. She carries the aspirations of young cricketers from St. Kitts and Nevis and throughout the Leeward Islands, encouraging girls to see cricket as a place where they can compete, excel, and lead. Her selection and elevation within the youth game also underline the increasing opportunities available to female players in the Caribbean. Through hard work and perseverance, Aaliyah Weekes has become a strong example of what can happen when talent is supported by determination and a love for the game. From St. Pauls to the Leeward Islands Under-19 Stormers, Aaliyah Weekes' story is still being written. With each match, each training session, and each leadership moment, she continues to build a legacy that her school, community, and country can celebrate.

EMPOWERING OUR YOUTH: 2026 CRIME INTERVENTION SUMMER SOCCER CAMP

By- Insp. John Bergan

The NCI Grounds at Needsmust, Basseterre, came alive from July 20–31, 2026, as the Security Forces United Football Club and the National Intervention Team hosted the 4th Annual Crime Intervention Summer Soccer Camp. More than 400 young people participated in two weeks of athletic training, mentorship, and leadership development.

Honouring Dr. Stewart Williams and the SPBS
This year's camp held special significance as we honoured the late SPBS President, Dr. Stewart Williams. Instrumental in shaping the camp's vision from its inception, Dr. Williams leaves a lasting legacy of community service and youth empowerment.

Participants observed a moving minute of silence during the opening ceremony, and the Security Forces United Football Club presented a commemorative plaque to Ms. Shermin Stevens, who accepted it on behalf of the Society.

We also extend our sincere gratitude to SPBS Vice President Mr. Mervyn Richardson and his team for their steadfast support in making this year's camp our largest and most impactful yet.

Together, we remain committed to investing in our youth and building a safer, brighter tomorrow.

















PITCHING MARBLES



By- John Christopher Richardson, Author and Storyteller

The best time of the day for us as children was the after-school period during the weekdays. That was our sacred hour of freedom. We would race home from school, fling our bags onto the wooden chairs, hurry through our chores, and then dash into the alley to meet the neighborhood children before the evening shadows stretched too long across the village.

Although we played cricket and soccer with great enthusiasm, the most demanding games, in my view, were marbles and spinning tops. Those games required patience, strategy, and a sharp eye, and they often revealed the true character of the boys who played them. Both marble playing and spinning tops had their own local rules, though the rules were rarely fixed. More often than not, they shifted conveniently against the younger or less experienced players.

Marble playing involved two or more boys and a circle drawn in the dirt, its size decided after lengthy arguments among the players. Inside the ring, each boy placed one or more of his prized marbles. A few feet away, again determined after much debate, was a boundary line we called the “crease.” Standing at the crease, each player would throw his shooter marble toward the ring. The marble that landed closest to, or inside the circle, earned the first turn to pitch, while the remaining turns were decided by distance. Once the game began, the objective was simple: knock the marbles out of the circle and claim them as your winnings. However, there was danger in every shot, because if your pitching marble struck another player’s shooter, that player was immediately out of the game.

As a boy, I found the game terribly complicated because the rules seemed to move like the wind, and the temptation to cheat was always hanging over the circle like a dark cloud. I was also clumsy and far too concerned about dirtying my clothes. Unlike the others, I refused to kneel on the bare earth when pitching. The kneeling position gave the players better balance and leverage, but it also guaranteed dusty knees and filthy hands. I preferred to squat awkwardly instead, much to the amusement of the older boys.

One hot afternoon, we gathered again in the alley for a serious game. The dirt was dry and powdery, and the sun burned low above the zinc rooftops. Among us was Daff, one of the finest marble players in Sandy Point. Only Walter could rival him. Daff possessed deadly accuracy and a boastful tongue to match it. Whenever he went on a winning streak, he delighted in humiliating the losers with cruel nicknames and exaggerated laughter. Walter, on the other hand, was quieter but no less dangerous. As he collected his winnings, he muttered expletives beneath his breath like a man counting treasure.

That afternoon, Johnny and I were losing badly to the two champions. One by one, our marbles disappeared from the circle into Daff’s dusty pockets. Every victory seemed to swell his arrogance. With dirty fingers stained brown from the earth, he pointed mockingly into our faces while laughing loudly for the others to hear.

Johnny, already frustrated, finally burst into tears.

“Tek dat, go learn to play; you cry cry baby!” Daff shouted, slapping his thigh with laughter.

Walter quietly warned him to stop, but Daff ignored him and continued taunting us.

Johnny suddenly wiped his eyes, stood up without saying a word, and stormed away. At first, we thought he had gone home in shame. But a few minutes later, we heard shouting from behind the nearby houses.

Then we saw it.

Johnny had untied his mother’s fiercest goat.

The animal came charging into the alley like an angry bull, its horns lowered and its hooves kicking dust into the air. Before Daff could react, the goat slammed straight into his backside just as he bent down to gather his winnings from the circle.

Daff flew forward, scattering marbles in every direction. They rolled into bushes, drains, and patches of wild grass while the boys howled with laughter. Covered in dust and clutching a bruised elbow, Daff scrambled to his feet with fury burning in his eyes.

“Johnny!” he roared.

He lunged toward Johnny, fists clenched. I could see immediately that Johnny was no match for him. Fearful that the situation would turn ugly, I ran toward my father’s pig stall nearby. In panic and desperation, I swung open the gate and released two enormous pigs.

The pigs needed no encouragement.

Grunting wildly, they charged straight through the growing crowd that had gathered to witness the fight. Mud, stink, and confusion exploded everywhere. Boys scattered in all directions, leaping over stones and fences to escape the filthy animals. Even Daff abandoned his pursuit of Johnny as one pig brushed against his legs, nearly knocking him over again.

Within seconds, the entire alley had dissolved into chaos.

Johnny ran home.

Daff ran home.

Walter ran home laughing so hard he could barely breathe.

And the pigs, delighted with their freedom, continued trotting proudly through the village like conquering heroes.

Later that evening, my father questioned me about the pigs escaping from the stall. I nervously explained that I had gone to feed them and accidentally left the gate open. To my surprise, he forgave me with little more than a stern warning to be more careful next time.

Meanwhile, Johnny and I spent the evening trying to catch the runaway goat. Before long, Daff joined us. By then, the anger had faded, replaced by the easy forgiveness that seemed natural among us boys. Together we laughed about the afternoon’s madness while searching through bushes and yards for the stubborn animal.

As the sun disappeared and the village cooled beneath the evening breeze, Daff even shared some of his secret techniques for winning at marbles including a few cheating tricks that he insisted every good player needed to know.

That was life in Sandy Point.

We played hard, fought fiercely, and argued loudly, but we loved one another deeply. Quarrels never lasted long because division was foreign to our community. We were raised to believe that every child belonged to the village and that each of us was, in truth, our brother’s keeper.

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BULL FOOT SOUP



Ingredients

For 4 - 6 servings:

- 3 - 3.5 lbs. bull foot (cow foot), cut into pieces
- 2 limes or 2 - 3 tbsp vinegar (for cleaning the meat)
- 7 - 8 cloves garlic, crushed (about 1 tbsp minced)
- 1 medium onion, diced
- ½ cup mixed bell pepper, diced (any colors)
- 2 - 3 sprigs fresh thyme or 1 tsp dried
- 2 green onions (scallions), chopped (optional)
- 2 large potatoes, peeled and cubed
- 1 - 2 carrots, sliced
- 1 pound yellow yam or green plantain, peeled and cut in chunks (optional but traditional)
- 2 - 3 cups pumpkin or butternut squash, peeled and cubed
- 1 Scotch bonnet (whole, optional) for heat
- 1 chicken or all-purpose bouillon cube (or 1 tbsp bouillon powder)
- 1 tsp smoked paprika (optional)
- ½ - 1 tsp black or white pepper
- Salt to taste
- 8 - 10 cups of water, enough to cover and make a soup base
- Optional dumplings (spinners):
- 1 cup all-purpose flour
- ¼ tsp salt
- ~⅓ cup water to form a firm dough

Step 1

Clean and precook the bull foot

· Wash bull foot pieces in water, then rub with lime juice or vinegar and rinse well.

· Put pieces in a large pot, cover with water, bring to a boil for 15 - 20 minutes, then discard that water and rinse (this helps with impurities and odor).

Step 2

Start the soup base

- In the cleaned pot, heat 1 - 2 tbsp oil over medium heat.
- Sauté onion, bell pepper, garlic, and thyme for 2 - 3 minutes until fragrant.
- Add the bull foot, paprika, bouillon, black/white pepper, and a pinch of salt; stir for another 2 minutes.

Step 3

Long simmer (to soften the foot)

- Add 8 - 10 cups of water (enough to cover by about 1 - 2 inches).
- Bring to a boil, then reduce to a gentle simmer, cover, and cook 2 - 3 hours on the stove (or 30 - 40 minutes under pressure if using a pressure cooker) until the bull foot is very tender and gelatinous.
- Check occasionally and top up with hot water if the level drops too low.
- Add ground provisions and vegetables
- When the bull foot is soft, add potatoes, carrot, pumpkin, and yam/plantain pieces.
- If using, add a whole Scotch bonnet on top (don't break it unless you want it to be very hot).
- Simmer another 20 - 30 minutes until all provisions are tender and the broth is slightly thick and rich.
- Mix flour and salt, then add just enough water to form a firm dough.
- Pinch off small pieces and roll into slim "spinners" or small balls.
- Drop into the simmering soup 10 - 15 minutes before the end; cook until they float and are cooked through.

Step 4

Taste and finish

- Taste and adjust salt, pepper, and heat.
- Remove the whole Scotch bonnet if used.
- The soup should be rich, slightly thick from the gelatin and pumpkin, with soft pieces of bull foot and vegetables.







Tips

Serve hot in deep bowls; it's excellent with hard dough bread or on its own as a full meal.


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In Loving Memory of

ROOSEVELT "TURFY" *Rawlins*

This is from his wife, children, brothers, sisters, nieces, nephews, cousins, friends, and the entire family.

We honor and celebrate a life well lived and cherish a legacy that will endure for generations.

Roosevelt "Turfy" Rawlins was a faithful servant of God, a devoted husband, loving father, cherished brother and uncle, and a true pillar of our family and community. A proud son of Sandy Point, he carried the values of faith, education, discipline, and hard work wherever he went. These principles not only guided his own life but also helped pave the way for many others to pursue opportunities in New York and beyond.

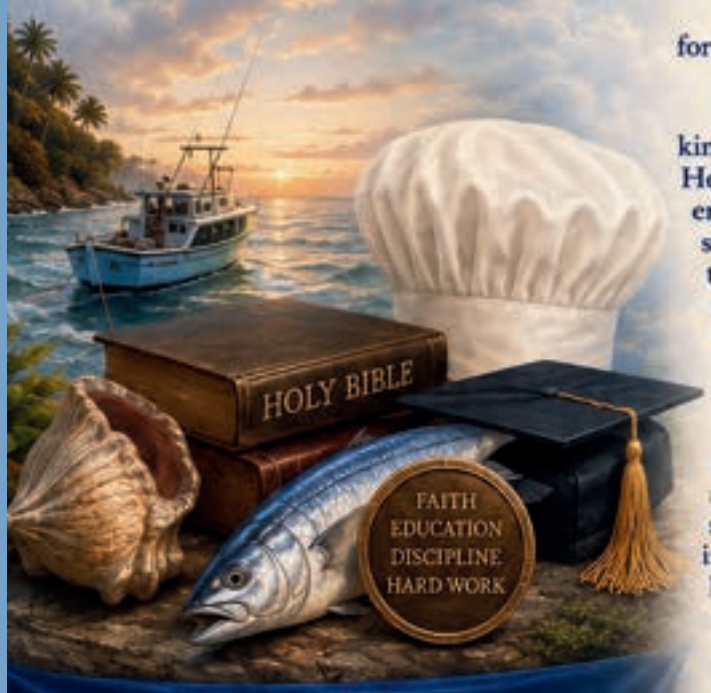
Turfy was known for his generosity, wisdom, leadership, kindness, humor, and unwavering belief in the potential of others. He often placed the needs of family and friends before his own, encouraging us to see the best in ourselves and inspiring us to strive for more. Whether through his mentoring, his love of teaching, his passion for cooking, or simply bringing family together, he shared knowledge, tradition, and love with all who knew him. He believed strongly in giving to others in their time of need.

A scholar, fisherman, swimmer, athlete, chef, mentor, and devoted family man, Turfy lived a life rich in purpose, passion, and service. Whether sharing his wisdom, casting a line by the sea, preparing a meal for loved ones, offering guidance to those in need, or supporting family and friends through life's challenges, he touched countless lives with his compassion and generosity.

He leaves behind a legacy built on service, faith, resilience, and devotion to family. His voice, laughter, guidance, and example will remain in our hearts forever.

Though we miss him deeply, we take comfort in knowing that he now rests peacefully in the loving arms of Jesus. His life was a blessing, his memory a treasure, and his love an everlasting gift.

REST IN ETERNAL PEACE, TURFY.
YOU WILL FOREVER BE LOVED, REMEMBERED, AND CHERISHED. ❤️



"Unable are the loved to die, for love is immortality."

— *Emily Dickinson*

A SANDY POINTER BORN IN MCKNIGHT

By- Trevor “Cherry” Duggins



With deep respect and heartfelt gratitude, we honor the life of Seymour ‘Tally’ Davis — a man whose impact reached far beyond the classroom and into the hearts of an entire community. Born in McKnight, he became a beloved figure in Sandy Point, where his dedication, wisdom, and unwavering commitment to young people earned him the admiration of generations. As a teacher, coach, mentor, and cherished friend, Seymour Davis helped shape lives through discipline, encouragement, and genuine care, leaving behind a legacy that will continue to inspire all who had the privilege of knowing him.

For many years, Mr. Davis served with distinction at Sandy Point High School, where he was more than just a teacher. He was a steady presence, a guiding voice, and a source of encouragement for countless students who passed through his classroom. His commitment to education went beyond textbooks; he believed in shaping character, instilling discipline, and unlocking potential in every young person he encountered.

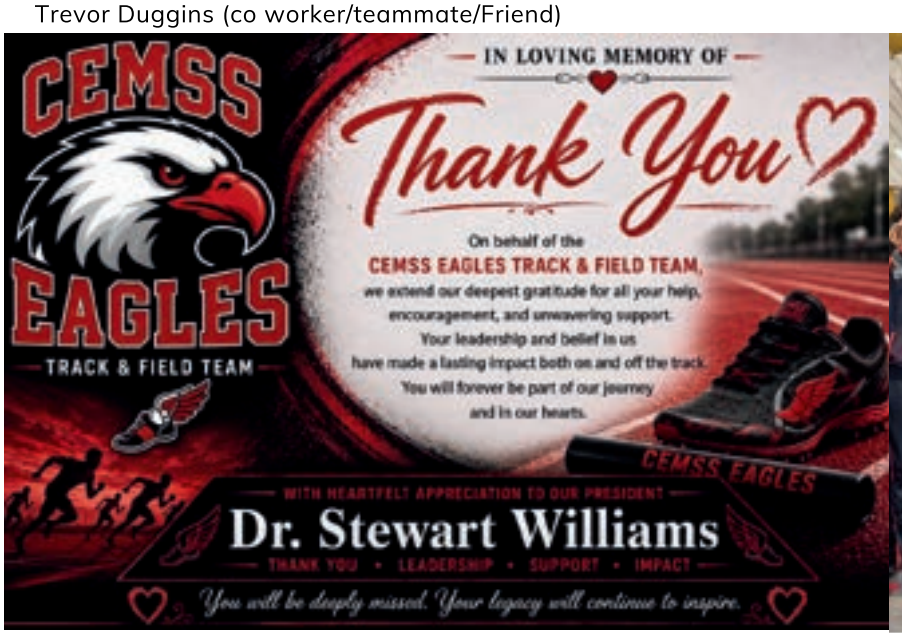
As a coach, “Tally” was a pillar of strength and motivation. He had a remarkable ability to bring out the best in his athletes — not only on the field, but in life. Through sport, he taught resilience, teamwork, and pride. Many of his former students carry forward the lessons he imparted, a testament to the enduring impact of his mentorship.

His contributions did not go unnoticed. As a past awardee of the Sandy Point Benevolent Society (SPBS), Mr. Davis was recognized for his service, dedication, and unwavering commitment to uplifting his community. He embodied the very spirit of giving back — quietly, consistently, and with purpose.

Beyond his professional accomplishments, Seymour Davis was a friend to many. He had a warm presence, a generous heart, and a way of connecting with people that made them feel valued and understood. His influence extended far beyond the classroom and playing field, touching lives in ways that words can scarcely capture.

Today, we remember not only what he did, but who he was — a man of integrity, compassion, and quiet strength. His legacy lives on in the countless lives he shaped, the community he served, and the memories we hold dear.
May we honor his life by continuing the work he cared so deeply about: supporting one another, uplifting the next generation, and giving back so others can move forward.

Rest in peace, Seymour “Tally” Davis. You will be deeply missed and forever remembered.
Trevor Duggins (co worker/teammate/Friend)





IN LOVING MEMORY OF

GWENETH T. HANLEY

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Sister, aunt, great aunt, cousin, friend ... An educator par excellence and a true professional who was gifted and generous. Musician, Organist and Choir Director, Youth Leader and Mentor in Church, school and the wider community. She lived a life based on the philosophy

"What you leave behind is not what is engraved."

THANK YOU FOR THE LOVE,
GUIDANCE AND BEAUTIFUL LEGACY YOU LEAVE BEHIND.

SANDRA ALLEN: A LIFE THAT MULTIPLIED ITSELF

By- Charles Mills

There are some people whose influence cannot be measured simply by the number of years they lived, the positions they held, or the awards they received. Their true legacy is found in the lives they quietly shaped, the confidence they inspired, and the kindness they extended every single day.

My sister, Sandra Alex Denise Mills Allen, was one of those people. Sandra and I grew up in Sandy Point in a family where education was never simply a profession - it was a calling. Our father, Charles E. Mills, devoted his life to education in St. Kitts and Nevis and was a principal architect of free comprehensive secondary education in the country. Our mother, Sylvia Mills, was among the pioneering educators who helped establish formal teacher training at the St. Kitts Teachers College, shaping generations of teachers who would go on to transform education throughout the country. It is perhaps no surprise that Sandra inherited not only their intellectual gifts but also their conviction that education can transform lives. Even as a child, Sandra stood out. She was bright - so bright that she skipped several grades and entered the then Sandy Point High School, now the Charles E. Mills Secondary School, at just ten years old. Yet what I remember most was not her brilliance, but the ease with which she made people feel comfortable. She possessed a rare combination of intelligence, confidence, warmth, and genuine curiosity about others.

Sandra loved stories. During our childhood, our family was fortunate to spend some summers in Brooklyn, New York. After returning home, her friends at Sunday School eagerly awaited her latest adventures. She had an extraordinary gift for transforming ordinary experiences into captivating stories, told with humor, vivid detail, and infectious enthusiasm. Even then, she understood something that served her throughout her life: people matter, and every person has a story worth hearing.

That love of people was unmistakable. After Sunday School, while the rest of us gladly accepted a ride home, Sandra would often decline so she could walk through the town, stopping to chat with friends and neighbors along the way. Relationships were never incidental to her life; they were the very center of it. She embraced every opportunity to learn and to serve. She excelled in piano, studying both theory and performance through the Royal School of Music. She loved drama and regularly performed leading roles in Christmas and Easter productions during primary school. She sang faithfully in the Sandy Point Methodist Church choir, served as an officer in the Girls Brigade, became an accomplished crocheter, and developed an insatiable love of reading that proved contagious. It was Sandra who introduced me to the joy of books, and before long we were challenging each other to see who could finish the most.

One story captures her determination perfectly. After our family hosted an exchange student from Guadeloupe, Sandra became fascinated with the French language and culture. Rather than simply saying she hoped to visit one day, she contacted his family, made the arrangements herself, and spent the following summer with them. That was Sandra. Once she committed herself to something, she found a way to make it happen.

After graduating from the University of the West Indies, Sandra returned home to teach mathematics at our alma mater, Sandy Point High School. For many in our community, she was more than a mathematics teacher. She was a mentor, an encourager, and someone who believed that every student could succeed if given enough patience and support. Former students still speak of the extra time she willingly devoted to helping them understand difficult concepts and, more importantly, helping them believe in themselves. Education remained her life's work after she moved to the United States. She earned a master's degree in mathematics from Howard University and went on to teach for many years at Benjamin Banneker High School in Washington, D.C. Her professional accomplishments were significant. She became a National Board Certified Teacher, served as a College Board Advanced Placement Calculus Exam reader, sponsored the Mu Alpha Theta Mathematics Honor Society, and delighted in celebrating Pi Day with an enthusiasm that only a true mathematics teacher could possess.

Yet none of those accomplishments ever became the measure of who she was. What mattered most to Sandra were the people sitting in front of her each day. Long after students had graduated, many continued to stay in touch, grateful not only for what she had taught them about mathematics but for the confidence she had instilled in them as young people. Sandra's life was also marked by extraordinary resilience. She endured health challenges that would have overwhelmed many people, including years of dialysis, a kidney transplant, the eventual loss of that transplanted kidney, amputation, and countless other medical setbacks. Yet she refused to allow illness to define her. She continued to teach, to laugh, to encourage others, and to live as fully as circumstances allowed.

One of the greatest joys of my life was being able to help keep her connected to the home she loved so dearly. Whenever I was walking through Sandy Point, I would often FaceTime her so she could experience once again the streets, the sea, and the familiar faces that meant so much to her. Then, after many years of hoping and several cancelled attempts, something wonderful happened. Last Christmas, Sandra was finally able to return home to St. Kitts for five unforgettable weeks.

It was everything she had dreamed it would be. She sat for hours on our mother's porch, talking and laughing. Lifelong friends stopped by to visit. She enjoyed the local foods she had missed for decades. She worshipped once again at the Sandy Point Methodist Church where her faith had been nurtured as a child. She toured Sandy Point with the excitement of both a visitor and a daughter returning home. Watching her rediscover the town she loved filled all of us with immense joy. Before she left, we had already begun making plans for her return this Christmas.

God, however, had other plans.

Although Sandra is no longer with us, her influence continues to ripple outward through her children and daughter-in-law, her grandchildren, her family, her countless former students, and everyone fortunate enough to have known her.

As one of the founding members of SPBS, an organization committed to supporting education in St. Kitts and Nevis, I often think about what Sandra's life represents. She was the product of a community that valued learning. She, in turn, invested that gift back into the lives of hundreds of young people, first at Sandy Point High School and later in the United States. Her life reminds us that education is never simply about examinations or degrees. At its very best, education is an act of hope. It is one person believing enough in another to help them discover what they are capable of becoming.

Sandra believed that every student, every person deserved that opportunity.

She lived that belief every day. -And in doing so, she left behind a legacy that continues to multiply itself through every life she touched.

In Loving Memory

of our mother,

Meiread Elise Gumbs Frederick Huggins

August 26, 1931 - October 30, 2025



Her life was a blessing, her memory is a treasure, she is loved beyond words and missed beyond measure.

Your children

Ciceley Burke • Ira Hobson • Vernon Gumbs
Clive Gumbs • Valerie Henry • Elise Warner
Gerda Frederick • Kenneth Frederick
Ermyn Frederick-Murray
Merlette Frederick-Williams • Vincent Hodge

ROOTED IN SERVICE, GROUNDED IN GIVING BACK: LIFE FULL CIRCLE

By T. C. Phipps-Benjamin

“Education is not for me!”

That was the retort my godmother, Ms. Vaple Burt, often heard from me each time she intentionally broached the subject of teaching and explained why she believed it was a fitting career path for me.

How could she possibly expect me to subject myself to the planning-heavy, student-stressful world of teaching?

At the time, Ms. Burt saw something in me that I clearly did not see in myself. I regarded education as a profession that was far from lucrative, and I was not easily persuaded.

In hindsight, however, this educator extraordinaire who never saw me enter the profession during her lifetime still profoundly shaped my path through her work and influence.

At her prompting, I attended and actively participated in Sunday school, served as an acolyte at St. Mary’s Anglican Church for several years, taught Sunday school, joined the Brownies, and became part of the Girl Guides Association. Eventually, I even led my own Brownie troop in Cayon, the village I called home.

I complied with Ms. Burt’s suggestions, but I was certain I would never set foot in a classroom as a teacher.

Until one day, thirteen years after her passing, I was asked to lead English Language Arts and Science lessons at the elementary and junior high school levels.

What once felt like a far-fetched path began to unfold as reality.

Today, I reflect on the brilliant architect who was quietly shaping my journey, filling my life with “buckets of goodness” long before I understood their purpose.

Whether it was an act of kindness towards a senior citizen or a visit to a patient in the hospital, Ms. Burt ensured I was grounded in my community and rooted in service and giving back.

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